

Choose rovia  
for blissful sleep.





**Materials:**

Exquisite raw materials for a natural and healthy night's sleep.



**Comfort:**

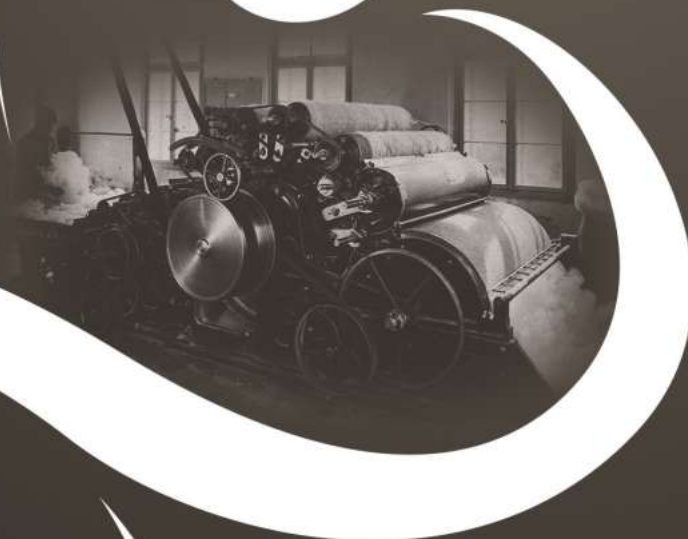
Sleep like you've never enjoyed it before.



**Innovation:**  
Sustainable  
developments for  
future generations.



**Tradition since 1748:**  
Guaranteeing great sleep  
for nine generations.





**Swiss made:**  
Premium quality  
from the heart of  
Switzerland.



**Ergonomics:**  
Coordinated sleeping  
systems for perfect,  
stress-free support.

**Climate:**  
Pure, hygienic freshness  
to help you sleep soundly.

“Swiss made is not just a label that we use – it’s a quality promise that we live up to every single day.”



A restful and relaxing night’s sleep is essential if you want to wake up feeling refreshed and full of energy for the day ahead. And a good night’s sleep ultimately comes down to the bed. Or, to be more precise, the sleeping system – the combination of mattress, system frame and bed linen.

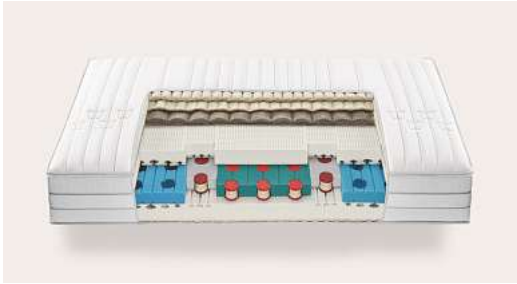
Feel how your mattress adapts to your body. Enjoy the best possible support for your anatomy and experience what it’s like to be perfectly balanced. Take in the harmonious sleeping climate and hygienic freshness, and feel their effect on your well-being. Feel the power of nature recharging your batteries: roviva gives you everything you need for a great night’s sleep.

With roviva, you are not just saying yes to sleeping well – you’re also getting on board with more than 275 years of experience in the

art of bed manufacturing, built on a perfect blend of tradition and innovation that deftly combines premium materials with the very latest technologies. By choosing roviva, you are supporting Swiss handcraft and an independent company run by the same family for nine generations. Join us on our journey to deliver sustainability for people, resources and the environment.

We would like to thank you, our customers, for the trust you have placed in our company and our products. We hope you have a wonderful night’s sleep with roviva.

Peter Patrik Roth  
CEO and 9th generation owner

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Philippe Suarez, Lucens





**SWISS MADE AT ITS BEST**

In the heart of good, old Europe lies the small country of Switzerland with approximately 8.5 million inhabitants. It is famous for its snowy mountains, clean air, delicious chocolate, aromatic cheese, accurate clocks, innovative high tech products, and, of course, the highly comfortable roviva mattresses.



Maja Strasser, Solothurn



#### FROM THE HEART OF SWITZERLAND

Right at the heart of Switzerland, you will find the place we call home: Wangen an der Aare, in the canton of Bern. A lot has happened over rovida's 275-year history. What started in 1748 as a spinning mill for horse hair is now a leading company for innovative sleep systems. But one thing that hasn't changed is our strong connection with the region.





#### **STRONG TRADITION BUILDS A BRIGHT FUTURE**

At rovia, we have made premium quality our tradition. As an independent, family-run company now in its ninth generation, we have always been dedicated to the art of sleep. In everything we do, we are guided by our philosophy of using our experience and our pioneering work to offer the very best sleep solutions to each and every customer.





#### MANUFACTURING WITH PASSION

Our attention to detail and love for our products shines through. Our 65 employees work with the utmost care and precision, using their wealth of expertise to produce our top-quality mattresses and sleep systems. They are true specialists and have a thorough understanding of their craft. This passion is reflected in more than just the products.

# Sleep from A to ZZZ



## PUTTING PEOPLE FIRST

The individual is key – after all, real people provide us with important information. We tailor our mattresses, system frames, duvets and pillows to individual wants and needs, for everything from ergonomics through to climate aspects. We can even offer individual solutions depending on how you tend to move around during the night. Developing the perfect bed for every one of our customers, whatever their individual wishes and requirements, is a challenge that truly excites us.

## ROVIVA MATTRESSES – A WEIGHT OFF YOUR MIND AND BODY

Our mattresses take every aspect of the human body into consideration, down to the very last detail. This means that we can offer smart solutions whatever your sleeping habits. The high resilience of our mattresses enables them to take the strain off your body and provide stability, so that you can enjoy complete freedom of movement while sleeping. What's more, a wealth of additional innovations mean even more benefits for you.





#### ROVIVA SYSTEM FRAMES – FEEL SUPPORTED

The roviva system frame is the foundation of our beds. The high degree of spring deflection and the elastic tension force of the slats guarantee that the body is optimally balanced. If your sleeping habits change, the frame can be easily adapted to this new situation – either manually or using a mechanically driven system.

#### ROVIVA DUVETS & PILLOWS – TOTAL RELAXATION

Our duvets and pillows have been designed with a number of important aspects in mind, such as climate, weight, hygiene and – in the case of pillows – level of support. The duvets and pillows are filled with fluffy goose down, which gives them plenty of volume and excellent support.

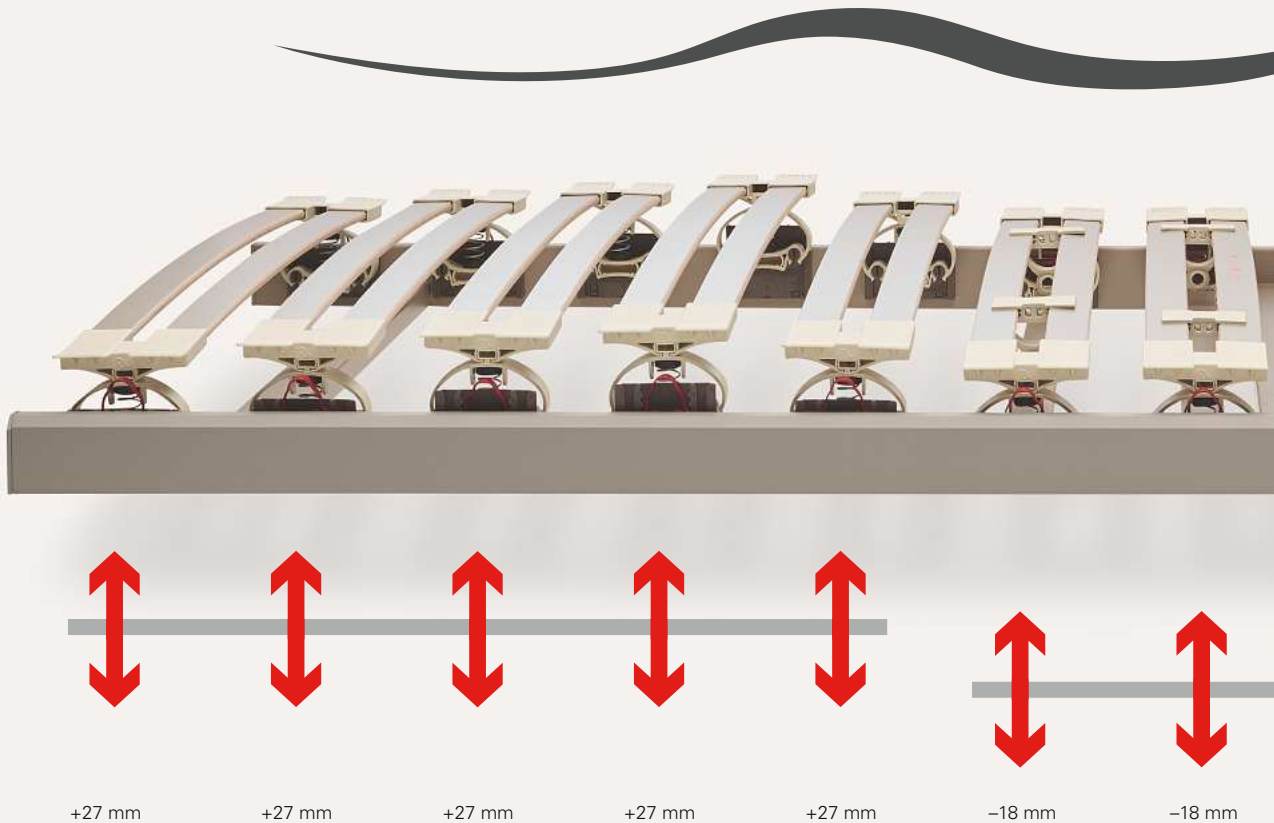
# dream-away – innovation built on passion



Feel the softness and comfort of natural materials. Experience luxurious sleeping quality and an unparalleled feeling of well-being. Discover the handcraft and the love of detail that we pour into every single bed. The dream-away sleep system from roviva units passion and innovation to give you the perfect night's sleep.

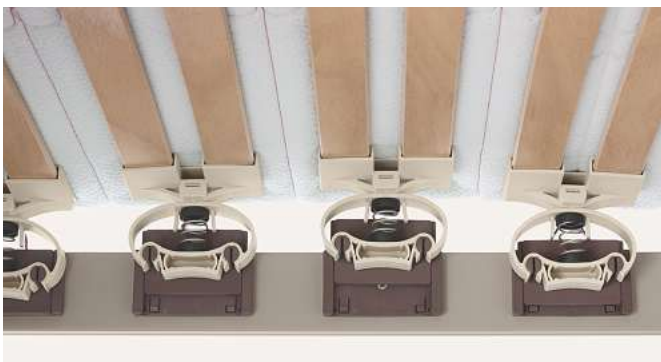
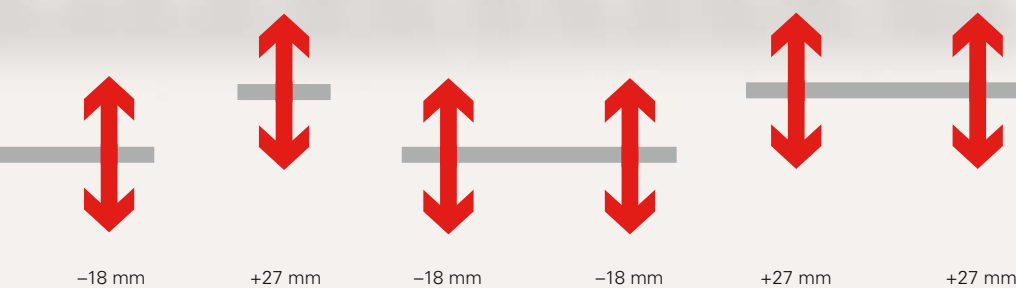


# Perfectly contoured support from head to toe



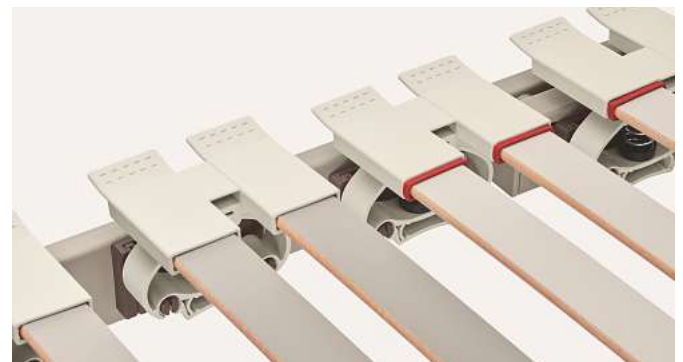
## INDIVIDUALLY ADJUSTABLE

No two people are alike. Since different heights, weights and builds mean different needs, this calls for a sleep system that is perfectly matched to the individual and their ergonomic sleeping position. In the dream-away contour system frame, the height of each spring element can be adjusted individually.



#### FROM TOP TO BOTTOM

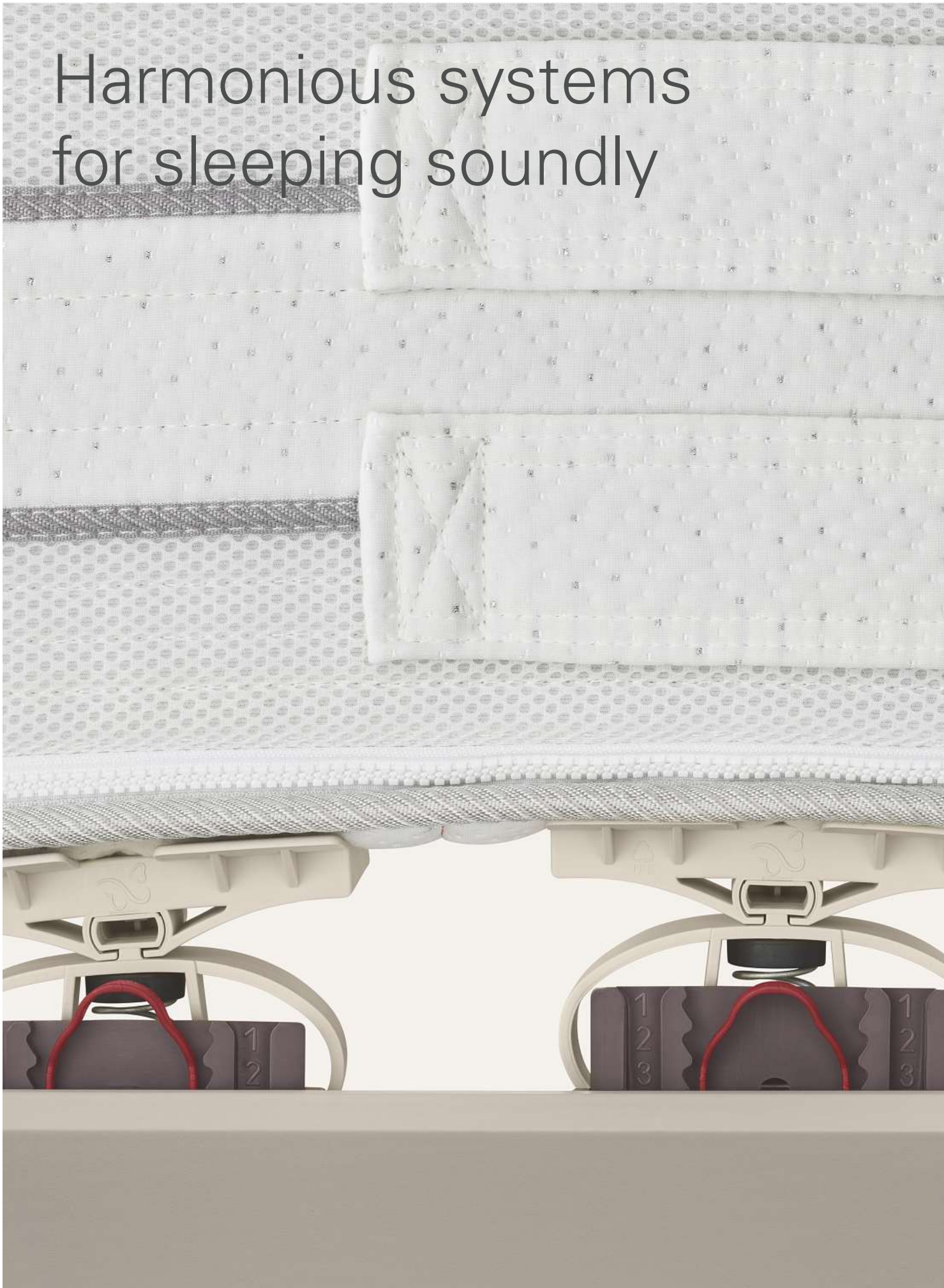
Every single spring element is height-adjustable. They can be easily hooked up at one of four different heights. For instance, raising the springs in the lower back region provides active support and relieves strain on the spine.



#### ADJUSTABLE SHOULDER SUPPORT

The new dream-away contour system frame has a special treat for your shoulders. The spring elements in this area are set at a lower height and are much less stiff. The slats are also tensioned more flexibly. Thanks to these three adjustments, your shoulders have plenty of room to sink down into the mattress when you're lying on your side instead of getting squashed up uncomfortably.

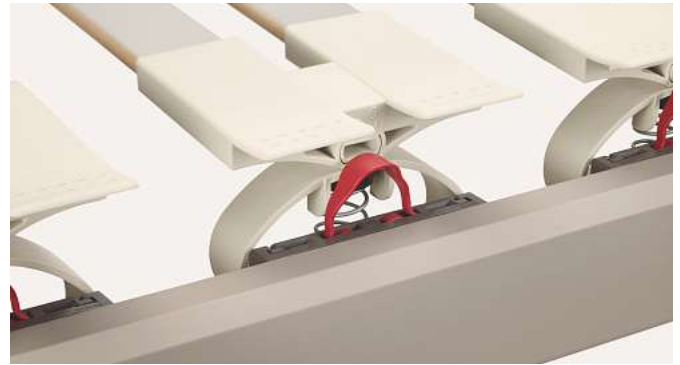
# Harmonious systems for sleeping soundly





#### ANGLED POSITION FOR EFFECTIVE RELIEF FROM ACID REFLUX

Heartburn or acid reflux is characterised by an unpleasant acidic sensation. Sleeping with the upper body slightly raised diminishes the ability of stomach acid to flow back into the oesophagus. The highly effective angled body position created by the dream-away contour Reflux system frame provides relief from these sleep-disrupting symptoms.



#### TOP SWISS TECHNOLOGY FOR THE NIGHT-TIME

The unique spring elements of the dream-away contour system frame offer unparalleled point-based and dynamic support. The spring arches – made from Hytrel, a thermoplastic elastomer – and the spiral springs underneath them gently accommodate all weights in a self-regulating process. The more the springs are loaded, the more tension they accumulate, providing a gentle lift where the body does not offer any counter-pressure. Each individual spring element is also height-adjustable, providing the optimum level of customisation to suit the contours of your body.

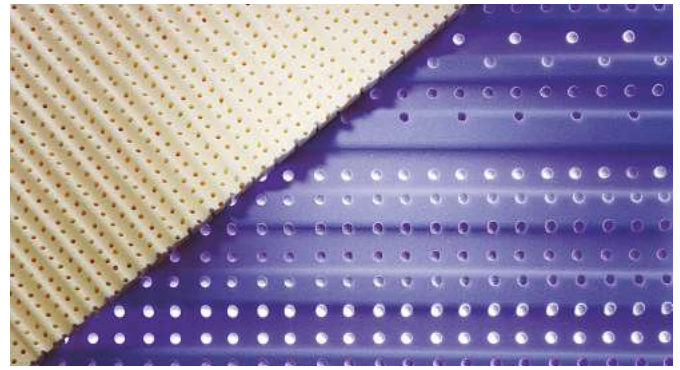
#### 100% ERGONOMICALLY CORRECT SLEEPING POSITION

The mattress and the system frame of the rovia dream-away sleep system have been designed to complement each other perfectly. Together, they form a unified and harmonious system that provides perfect support and strain relief for your body, leaving you free to enjoy a great night's sleep.

# Added benefits for healthy sleeping







#### AIR-VENT PERFORATION FOR A FRESH SLEEPING ENVIRONMENT

The vertical air-vent perforation provides active climate control and hygienic freshness. Perforations are made all over the surfaces of the individual mattress components, such as the cover, cushioning and core layers, in order to maximise the flow of air. This results in a breathable mattress and a perfect sleeping environment.



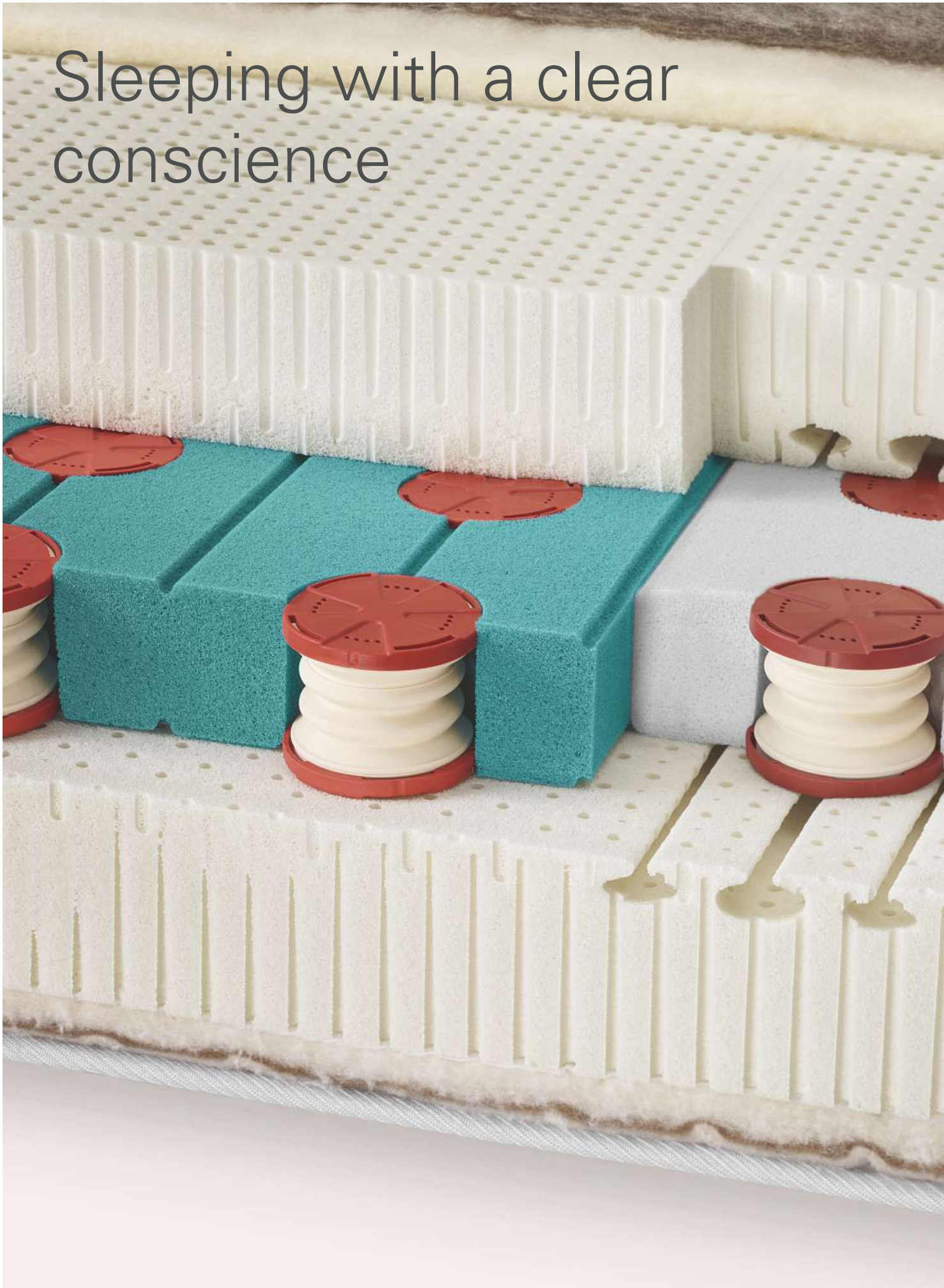
#### NATURAL UPHOLSTERY TOPPERS WITH PERFORATED MESH AIR VENTS

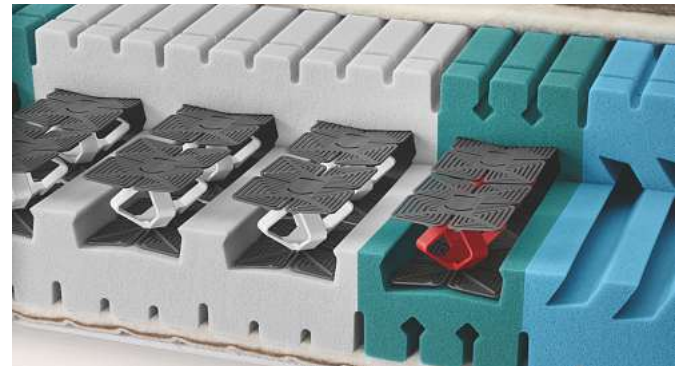
Natural upholstery toppers such as Swiss virgin wool, the finest Swiss alpaca wool and soft tussah silk enhance the quality of our mattresses. With their excellent heat retention and moisture wicking properties, the toppers guarantee a well-balanced and natural sleep environment. Perforated mesh air vents make the toppers even more breathable and elastic.

#### A HYGIENE BOOST WITH ROVIVA SILVERSKIN<sup>AG</sup>

Silverskin<sup>AG</sup> is an innovation from roviva that makes use of the anti-microbial action of silver and silver ions. Tiny silver ions are integrated into the elastic double-stretch material of the mattress cover. The active silver ions on the yarn provide a natural line of defence against micro-organisms such as dust mites, bacteria and micro-fungi. Their hygienic function has been dermatologically tested, contains no nanotechnology, and guarantees a permanent protective effect.

# Sleeping with a clear conscience





### DEDICATED TO HEALTH

The spring elements and foam in the mattress core respond with a different force depending on the weight, stature and movements of the sleeper in question. With its highly sensitive tiny wings, the climate and support system offers the body precise support. In between, the latest generation of the extremely dynamic Porotex Pro cold foam perfectly balances out your spinal column – and your body will be grateful to you for it.



### SUSTAINABLY NATURAL, VEGAN AND CIRCULAR

The GrandeHygiène mattress offers you a natural sleeping experience with sustainable natural upholstery toppers made of the finest Swiss alpaca wool, wool from Swiss Merino sheep, and tussah silk. The HypoAllergen version takes into account both vegan and circular economy considerations, as both its eco fibrefill climate fibre and cover are made of recycled polyester and provide for a wonderfully balanced bed experience. The new zipper system makes it easy to remove and wash the mattress cover sheets.

### THE ORIGINAL

The original – for even more blissful sleep. The Airbellows embedded in the mattress core ventilate the entire mattress every time pressure is applied or released by the sleeper's body movements. The Airbellows thus ensure hygienic freshness and a healthy bed environment. In addition, the small spring elements provide dynamic support to your body and perfectly balance out your spinal column.

# dream-away impérial



166MH

**Sleep like royalty and dream of the stars.** A unique ventilation system provides a continuous supply of oxygen to every part of your body while you sleep. The Airbellows embedded in the mattress core ventilate the entire mattress every time you move. This prevents heat from building up and making you uncomfortable, as well as giving your body a chance for refreshment and recuperation thanks to the continuous oxygen supply. The result: wellness through and through.

### A NATURAL EXPERIENCE

- Extremely fluffy and completely natural upholstery from Switzerland
- Sustainably sourced 100% natural Talalay latex certified to FSC and Rainforest Alliance standards and awarded Gold Level Cradle to Cradle certification
- Sustainable raw materials and environmentally friendly workmanship

### HYGIENE CONCEPT

- Washable GrandeHygiène or HypoAllergen versions
- rovida Silverskin<sup>Ag</sup> prevents dust mites from reproducing and their allergens from spreading
- Active ventilation for maximum hygiene

### A BALANCED ENVIRONMENT

- Airbellows provide hygienic freshness through active and continuous ventilation of the mattress
- Equalisation of air and moisture thanks to vertical air-vent perforation and climate-regulating membranes
- Climate-regulating natural cushioning for a healthy and dry sleeping environment

### SHEER COMFORT

- Air-supported spring system with Airbellows offers unique comfort
- Maximum pressure relief and a soft feeling when you're lying down – thanks to an extra-thick comfort topper made of 100% natural Talalay latex
- Porotex Pro ensures a dynamic support effect for optimal lying comfort and freedom of movement

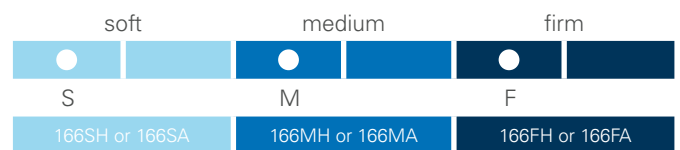
### EXPERTISE IN ERGONOMICS

- The mobilising spring action of the Airbellows ensures that the body is supported properly
- No more uncomfortable lying on your side thanks to the highly elastic shoulder support
- Elastic pelvis support
- Dynamic lumbar support for optimum balancing of the lower torso

### CORE AND COMFORT



Active ventilation and spring system with Airbellows. Airbellows support effect with medium firmness alignment in the pelvic area and a firmer alignment in the lumbar area for dynamic-active lordosis support. Centre core made out of the latest generation of Porotex Pro with an air cell structure and seven anatomically measured relief and support zones. Extra-thick 7-zone comfort cover on both sides made from original 100% natural Talalay latex. Vertical perforated mesh air vents with more than 6,000 ventilation points per m<sup>2</sup> through the mattress core and a horizontal InOut lateral ventilation profile. Core height 20 cm, mattress height approx. 24 cm.



#### VERSION GrandeHygiène 166SH/166MH/166FH



**Cover:** Luxurious piped design with the hygiene benefits of Silverskin<sup>Ag</sup>; climate membranes and two all-round zippers; removable and washable at up to 30 °C. Elastic botanical viscose double-stretch (Dessin 430). **Upholstery:** 1250 g/m<sup>2</sup> luxury natural cushioning (Swiss virgin wool, Swiss alpaca wool, tussah silk). Air-vent perforation.

#### VERSION HypoAllergen 166SA/166MA/166FA



**Cover:** Luxurious piped design with climate membranes and two all-round zippers; removable and washable at up to 60 °C. Elastic double-stretch made out of 100% recycled PES (Dessin 439). **Upholstery:** 600 g/m<sup>2</sup> vegan climate-fibre padding (eco fibrefill hollow fibre from 100% recycled PES). Hypoallergenic.

# dream-away climaxx



173MH

**The best sleeping environment for a comfortable night's sleep.** To ensure a healthy and relaxing night's sleep, it's not just support and strain relief that are important – the sleeping environment has to be just right too. The unique system of climate regulation and support creates the perfect sleeping environment and offers the best support for your body. Every element of the rovia dream-away climaxx is designed for your well-being.

### A NATURAL EXPERIENCE

- Extremely fluffy and completely natural upholstery from Switzerland

### HYGIENE CONCEPT

- Washable GrandeHygiène or HypoAllergen versions
- ro viva Silverskin<sup>Ag</sup> prevents dust mites from reproducing and their allergens from spreading
- Perfect mattress core ventilation for maximum hygiene

### A BALANCED ENVIRONMENT

- Climate and support system for extra-large air volume and perfect air exchange inside the mattress
- Heat and moisture balancing, thanks to a vertical and horizontal ventilation profile and climate membranes
- Natural upholstery toppers with an air-conditioning effect for a dry and moisture-free sleep environment

### SHEER COMFORT

- Self-regulating climate and support system with a spring effect for an airy lightness when lain on
- ErgoContour surface profile for optimal pressure relief
- The latest generation of Porotex Pro ensures a dynamic support effect for optimal lying comfort and freedom of movement

### EXPERTISE IN ERGONOMICS

- Optimised position of the climate and support spring elements ensures anatomically correct support for your body
- Highly elastic SEA shoulder relief support ensures you sink gently into the mattress when sleeping on your side
- Dynamic lumbar support and support in the pelvic area ensure optimal balancing of the gluteal area and back

### CORE AND COMFORT



Self-regulating climate and support system made of fatigue-free Hytrel with a spring force aligned with ergonomic zones, and with firmer alignment in the lumbar area for dynamic-active lordosis support. Basic core made out of the latest generation of Porotex Pro with an air cell structure and seven anatomically measured relief and support zones. New SEA shoulder relief support with extra-soft shoulder profile. ErgoContour cube surface profile on both sides. Horizontal and vertical ventilation profiles. Longitudinal reinforcement in the border zones with additional InOut side ventilation. Core height 20 cm, mattress height approx. 24 cm

soft		medium		firm	
	●		●	●	●
S		M		F XF	
173SH or 173SA		173MH or 173MA		173FH or 173FA 173XH or 173XA	

#### VERSION GrandeHygiène 173SH/173MH/173FH/173XH



**Cover:** Luxurious piped design with the hygiene benefits of Silverskin<sup>Ag</sup>; climate membranes and two all-round zippers; removable and washable at up to 30°C. Elastic botanical viscose double-stretch (Dessin 430). **Upholstery:** 1250 g/m<sup>2</sup> luxury natural cushioning (Swiss virgin wool, Swiss alpaca wool, tussah silk). Air-vent perforation.

#### VERSION HypoAllergen 173SA/173MA/173FA/ 173XA



**Cover:** Luxurious piped design with climate membranes and two all-round zippers; removable and washable at up to 60°C. Elastic double-stretch made out of 100% recycled PES (Dessin 439). **Upholstery:** 600 g/m<sup>2</sup> vegan climate-fibre padding (eco fibrefill hollow fibre from 100% recycled PES). Hypoallergenic.

# dream-away byblos



155MH

**Experience a soothing feeling of comfort and security.** Enjoy snug lying comfort, even as you experience perfect support with perfect positioning for your body from your head to your toes. The secret behind this feeling of well-being is the ergonomically profiled mattress core made of Porotex Pro, which stands out through extremely dynamic pressure and force absorption. In addition, fluffy natural upholstery toppers guarantee a perfect sleep environment.



### A NATURAL EXPERIENCE

- Extremely fluffy and completely natural upholstery from Switzerland

### HYGIENE CONCEPT

- Washable GrandeHygiène or HypoAllergen versions
- ro viva Silverskin<sup>Ag</sup> prevents dust mites from reproducing and their allergens from spreading
- Perfect mattress core ventilation for maximum hygiene

### A BALANCED ENVIRONMENT

- Heat and moisture balancing, thanks to a vertical and horizontal ventilation profile and climate membranes
- Natural upholstery toppers with an air-conditioning effect for a dry and moisture-free sleep environment

### SHEER COMFORT

- The latest generation of Porotex Pro ensures a dynamic support effect for optimal lying comfort and freedom of movement
- Gentle sinking into the mattress and an enjoyably airy bed experience
- ErgoContour surface profile for optimal pressure relief

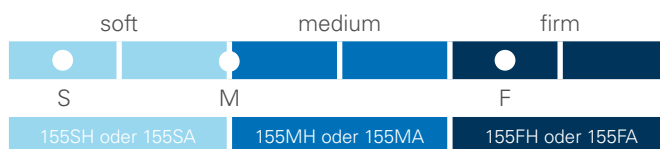
### EXPERTISE IN ERGONOMICS

- Anatomically correct support to your body and perfect relaxation of deep muscle tissue
- Gentle sinking when sleeping on your side with the highly elastic SEA shoulder relief support made of visco-elastic Feelingpur
- Ideally aligned lumbar support and support in the pelvic area ensure optimal balancing of the gluteal area and back

### CORE AND COMFORT



Highly flexible mattress core made out of the breathable latest generation of Porotex Pro with seven anatomically measured relief and support zones. Pressure-relieving and extra-snug ErgoContour topper on both sides – made of Porotex Pro, with cube surface profile. New SEA shoulder relief support with extra-soft foam inlay made of visco-elastic Feelingpur. Additional pelvic zone stabilisation. Horizontal and vertical ventilation profiles. Core height 20 cm, mattress height approx. 24 cm.



### VERSION GrandeHygiène 155SH/155MH/155FH



**Cover:** Luxurious piped design with the hygiene benefits of Silverskin<sup>Ag</sup>; climate membranes and two all-round zippers; removable and washable at up to 30 °C. Elastic botanical viscose double-stretch (Dessin 430). **Upholstery:** 1250 g/m<sup>2</sup> luxury natural cushioning (Swiss virgin wool, Swiss alpaca wool, tussah silk). Air-vent perforation.

### VERSION HypoAllergen 155SA/155MA/155FA



**Cover:** Luxurious piped design with climate membranes and two all-round zippers; removable and washable at up to 60 °C. Elastic double-stretch made out of 100% recycled PES (Dessin 439). **Upholstery:** 600 g/m<sup>2</sup> vegan climate-fibre padding (eco fibrefill hollow fibre from 100% recycled PES). Hypoallergenic.

# dream-away evos



**Making the sweetest dreams come true.** The rovia dream-away evos lets you experience an incomparable feeling of weightlessness. As soon as you touch the mattress, you can feel the interactive effect of its new pocket-sprung core. The pocket springs provide individual support and their tension is specially configured to gently accommodate and progressively support your body. The generous air volume in the mattress helps to create the perfect sleeping environment.

### A NATURAL EXPERIENCE

- Extremely fluffy and completely natural upholstery from Switzerland

### HYGIENE CONCEPT

- Washable GrandeHygiène or HypoAllergen versions
- rovia Silverskin<sup>Ag</sup> prevents dust mites from reproducing and their allergens from spreading
- Perfect mattress core ventilation for maximum hygiene

### A BALANCED ENVIRONMENT

- High pocket-sprung core creates a large air volume inside the mattress, as well as actively regulating temperature and moisture levels
- Equalisation of air and moisture thanks to vertical and horizontal ventilation profile and climate-regulating membranes
- Climate-regulating natural cushioning for a healthy and dry sleeping environment

### SHEER COMFORT

- Feel like you're floating thanks to the dynamic strain relief provided by the interactive pocket springs
- Optimum freedom of movement and progressive support
- Feelingpur lining prevents pressure pain and improves blood circulation
- Elastic double-stretch material adapts to the contours of every body

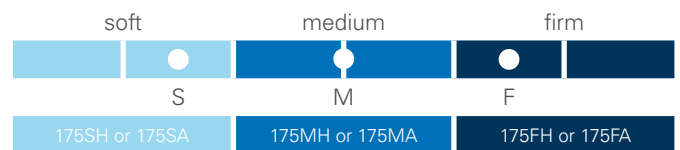
### EXPERTISE IN ERGONOMICS

- Anatomically sound support for the body thanks to the interactive pocket-sprung core
- Perfect balancing and support for the body
- Enjoy elastic support for the pelvis and an end to uncomfortable sleeping on your side thanks to the highly flexible multi-zone pocket-sprung core

### CORE AND COMFORT



Well-ventilated, interactive multi-zone pocket-sprung core made from refined coil springs, with smooth load-bearing thanks to specially configured spring tension along the longitudinal axis of the mattress, perfectly matched to the individual regions of the body – the elastically connected springs are housed in box-sprung pockets and provide individual support. Viscoelastic Feelingpur lining with strain relief on both sides, with memory effect and three-dimensional surface profile design. Vertical air-vent perforation with more than 1,500 ventilation points per m<sup>2</sup> running through the Feelingpur lining. Reinforcement of the longitudinal edge regions with additional in-out side ventilation. Core height 20cm, mattress height approx. 24cm.



### VERSION GrandeHygiène 175SH/175MH/175FH



**Cover:** Luxurious piped design with the hygiene benefits of Silver-skin<sup>Ag</sup>; climate membranes and two all-round zippers; removable and washable at up to 30°C. Elastic botanical viscose double-stretch (Dessin 430). **Upholstery:** 1250 g/m<sup>2</sup> luxury natural cushioning (Swiss virgin wool, Swiss alpaca wool, Swiss tussah silk). Air-vent perforation.

### VERSION HypoAllergen 175SA/175MA/175FA



**Cover:** Luxurious piped design with climate membranes and two all-round zippers; removable and washable at up to 60°C. Elastic double-stretch made out of 100% recycled PES (Dessin 439). **Upholstery:** 600 g/m<sup>2</sup> vegan climate-fibre padding (eco fibrefill hollow fibre from 100% recycled PES). Hypoallergenic.

# dream-away air natura



The mattress has a symmetrical longitudinal section and can be turned clockwise. It doesn't need to be turned over – i.e. the underside is not meant to be lied upon.

**Your sleep is green.** Our dream-away air natura mattress is made with the best natural materials. Sustainably sourced 100% natural Talalay latex certified to FSC and Rainforest Alliance standards guarantees correct orthopaedic posture when lying down. Air-cushioned coconut fibres support your spinal column and also offer support at the edges of the mattress. Your natural blissful and healthy sleep experience is rounded out by fluffy and completely natural upholstery.

### A NATURAL EXPERIENCE

- Sustainably sourced 100% natural Talalay latex certified to FSC and Rainforest Alliance standards and awarded Gold Level Cradle to Cradle certification
- Combination of latex and coconut fibres for additional support
- Extremely fluffy and completely natural upholstery from Switzerland
- Sustainable and fully recyclable raw materials and environmentally friendly workmanship

### HYGIENE CONCEPT

- Washable GrandeHygiène or HypoAllergen versions
- rovida Silverskin<sup>Ag</sup> prevents dust mites from reproducing and their allergens from spreading
- Perfect mattress core ventilation for maximum hygiene

### A BALANCED ENVIRONMENT

- Perfect air and moisture balancing, thanks to vertical perforated mesh air vents, an airy cell structure, air-cushioned coconut fibres and climate membranes
- Natural upholstery toppers with an air-conditioning effect for a dry and moisture-free sleep environment

### SHEER COMFORT

- Maximum pressure relief and a soft feeling when you're lying down – thanks to a multi-layer mattress core made of 100% natural Talalay latex
- Dynamic support effect for optimal lying comfort and freedom of movement

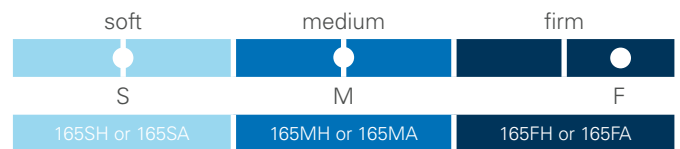
### EXPERTISE IN ERGONOMICS

- Multi-zone mattress architecture with 100% natural Talalay latex offers the very best ergonomics in all sleeping positions
- Air-cushioned coconut-fibre base for pressure absorption
- Optimal support to relax your deep muscle tissue
- Gentle sinking when sleeping on your side – thanks to SEA

### CORE AND COMFORT



Three-layered natural mattress. The uppermost contact layer is made of extra-snug original 100% natural Talalay latex, with 7-zone alignment with anatomically measured relief and support zones. Firmer 3-zone support core in the middle – made of 100% natural Talalay latex. SEA extra-soft shoulder profile. Vertical perforated mesh air vents with more than 6,000 ventilation points per m<sup>2</sup> through the entire mattress core. Basic support layer made of a combination of latex and air-cushioned natural coconut fibres. Longitudinal reinforcement in the border zones with a combination of latex and coconut fibres with bent contour cut-ins. One-sided mattress core; can be turned but should not be turned over. Core height 16 cm. Mattress height approx. 20 cm.



#### VERSION GrandeHygiène 165SH/165MH/165FH



**Cover:** Luxurious piped design with the hygiene benefits of Silver-skin<sup>Ag</sup>; climate membranes and two all-round zippers; removable and washable at up to 30 °C. Elastic botanical viscose double-stretch (Dessin 430). **Upholstery:** Top side 1250 g/m<sup>2</sup> luxury natural cushioning (Swiss virgin wool, Swiss alpaca wool, tussah silk). Air-vent perforation. Underside 500 g/m<sup>2</sup> natural cushioning (Swiss virgin wool).

#### VERSION HypoAllergen 165SA/165MA/165FA



**Cover:** Luxurious piped design with climate membranes and two all-round zippers; removable and washable at up to 60 °C. Elastic double-stretch made out of 100% recycled PES (Dessin 439). **Upholstery:** Top side 600 g/m<sup>2</sup>, underside 300 g/m<sup>2</sup> vegan climate-fibre padding (eco fibrefill hollow fibre from 100% recycled PES). Hypoallergenic.

# dream-away air space



163MH

**Naturally light and airy as you drift into the land of dreams.** The Airbellows embedded in the mattress core ventilate the entire mattress every time the sleeper's body moves. This innovative technology also ensures a mobilising active support effect for your spinal column and complete relaxation of deep muscle tissue. A perfect combination of ergonomics and climate comfort.

### A NATURAL EXPERIENCE

- Extremely fluffy and completely natural upholstery from Switzerland

### HYGIENE CONCEPT

- Washable GrandeHygiène or HypoAllergen versions
- rovida Silverskin<sup>Ag</sup> prevents dust mites from reproducing and their allergens from spreading
- Active ventilation for maximum hygiene

### A BALANCED ENVIRONMENT

- Airbellows ensure hygienic freshness through active and permanent mattress ventilation
- Heat and moisture balancing, thanks to a vertical and horizontal ventilation profile and climate membranes
- Natural upholstery with an air-conditioning effect for a dry and moisture-free sleep environment

### SHEER COMFORT

- Airbellows provide for an air-supported spring system that offers unique comfort
- ErgoContour surface profile for optimal pressure relief
- The latest generation of Porotex Pro ensures a dynamic support effect for optimal lying comfort and freedom of movement

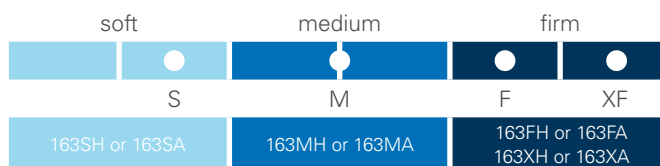
### EXPERTISE IN ERGONOMICS

- The mobilising spring action of the Airbellows ensures that the body is supported properly
- ErgoContour lining for an ergonomically correct sleeping position
- No more uncomfortable lying on your side thanks to the highly elastic shoulder support
- Elastic pelvis support
- Dynamic lumbar support for optimum balancing of the lower torso

### CORE AND COMFORT



Active ventilation and spring system with Airbellows. Airbellows support effect with medium firmness alignment in the pelvic area and a firmer alignment in the lumbar area for dynamic-active lordosis support. Centre core made out of the latest generation of Porotex Pro with an air cell structure and seven anatomically measured relief and support zones. Pressure-relieving and extra-snug 7-zone ErgoContour topper on both sides – made of Porotex Pro, with cube surface profile. New SEA shoulder relief support. Horizontal and vertical ventilation profiles. Core height 16 cm, mattress height approx. 20 cm.



#### VERSION GrandeHygiène 163SH/163MH/163FH/163XH



**Cover:** Luxurious piped design with the hygiene benefits of Silver-skin<sup>Ag</sup>; climate membranes and two all-round zippers; removable and washable at up to 30 °C. Elastic botanical viscose double-stretch (Dessin 430). **Upholstery:** 1250 g/m<sup>2</sup> luxury natural cushioning (Swiss virgin wool, Swiss alpaca wool, Swiss tussah silk). Air-vent perforation.

#### VERSION HypoAllergen 163SA/163MA/163FA/163XA



**Cover:** Luxurious piped design with climate membranes and two all-round zippers; removable and washable at up to 60 °C. Elastic double-stretch made out of 100% recycled PES (Dessin 439). **Upholstery:** 600 g/m<sup>2</sup> vegan climate-fibre padding (eco fibrefill hollow fibre from 100% recycled PES). Hypoallergenic.

# Double soft surface feeling with your mattress topper







### THE BEST POSSIBLE NIGHT'S SLEEP

Mattresses from the dream-away product line truly leave nothing to be desired. Nevertheless, you can enjoy even more lying comfort and pressure relief by combining the new dream-away mattress topper with your dream-away mattress. A perfect night's sleep – completely in line with your preferences.



### WHenever you want

The new zipper system for dream-away mattresses is so clever that it allows you to remove the upper mattress cover sheet and replace it with a new sheet or a dream-away topper. You can order your dream-away mattress with an integrated mattress topper that's already included, or you can equip your mattress with a topper at a later point in time. In other words, you can order a topper later on and easily put it on your dream-away mattress using the zipper. We also offer the mattress topper as a loose topper without a zipper that can be used with any type of mattress.

### LIKE FLOATING IN THE CLOUDS

Using an additional topper with your dream-away mattress not only ensures an extra-soft feeling when you're lying down; it also raises the entry height of your bed by a few centimetres – like a traditional box-spring bed. You can choose here between a thick mattress topper made of 100% natural Talalay latex or one made of visco-elastic Feelingpur, with a memory effect.

# dream-away latex topper



6130H

## CORE AND COMFORT



Premium mattress topper made of pressure-relieving original 100% natural Talalay latex. Vertical perforated mesh air vents with more than 6,000 ventilation points per m<sup>2</sup>. Core height 5 cm, topper height approx. 7 cm.



## USE

### Topper with zipper for securing on dream-away mattresses.

If you order the topper together with your dream-away mattress, the topper will be zipped onto the mattress at the factory and the mattress cover sheet will be used to cover the topper.

If you order the topper later on, you can remove your dream-away mattress cover sheet and secure it to the topper and then use the zipper to secure the topper to your mattress.

## VERSION GrandeHygiène 6130H



**Cover:** Border with climate membranes and zipper for securing the topper to the mattress; washable at up to 30°C. Anti-slip underside.

**Upholstery:** On the core 750 g/m<sup>2</sup> luxury natural cushioning (Swiss virgin wool, Swiss alpaca wool, tussah silk). Air-vent perforation. Without cover sheet.

## VERSION HypoAllergen 6130A



**Cover:** Border with climate membranes and zipper for securing the topper to the mattress; washable at up to 30°C. Anti-slip underside.

**Upholstery:** On the core 300 g/m<sup>2</sup> vegan climate-fibre padding (eco fibrefill hollow fibre from 100% recycled PES). Hypoallergenic. Without cover sheet.

# dream-away latex topper

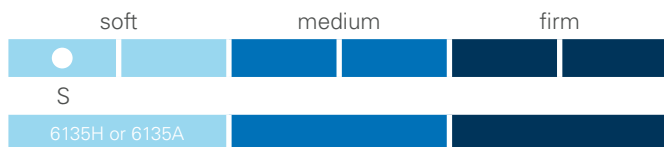


6135H

## CORE AND COMFORT



Premium mattress topper made of pressure-relieving original 100% natural Talalay latex. Vertical perforated mesh air vents with more than 6,000 ventilation points per m<sup>2</sup>. Core height 5 cm, topper height approx. 8.5 cm.



## USE

### Topper without zipper for loose placement on a mattress.

This topper is perfect for all loose placements on any mattress, particularly when used in a double bed over two mattresses. This topper can be turned over.

## VERSION GrandeHygiène 6135H



**Cover:** Luxurious piped design with the hygiene benefits of Silver-skin<sup>Ag</sup>; climate membranes and an all-round zipper; removable and washable at up to 30 °C. Elastic botanical viscose double-stretch (Dessin 430). **Upholstery:** Top side 1250 g/m<sup>2</sup> luxury natural cushioning (Swiss virgin wool, Swiss alpaca wool, tussah silk). Air-vent perforation. Underside 500 g/m<sup>2</sup> natural cushioning (Swiss virgin wool).

## VERSION HypoAllergen 6135A



**Cover:** Luxurious piped design with climate membranes and an all-round zipper; removable and washable at up to 60 °C. Elastic double-stretch made out of 100% recycled PES (Dessin 439). **Upholstery:** Top side 600 g/m<sup>2</sup>, underside 300 g/m<sup>2</sup> vegan climate-fibre padding (eco fibrefill hollow fibre from 100% recycled PES). Hypoallergenic.

# dream-away visco topper

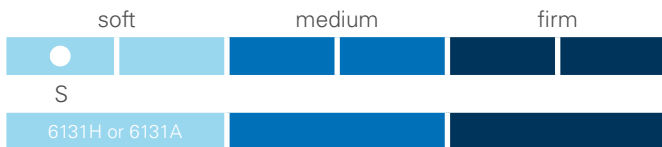


6131H

## CORE AND COMFORT



Premium mattress topper made of visco-elastic Feelingpur, with a memory effect. Vertical perforated mesh air vents with more than 1,500 ventilation points per m<sup>2</sup>. Core height 5 cm, topper height approx. 7 cm.



## USE

### Topper with zipper for securing on dream-away mattresses.

If you order the topper together with your dream-away mattress, the topper will be zipped onto the mattress at the factory and the mattress cover sheet will be used to cover the topper.

If you order the topper later on, you can remove your dream-away mattress cover sheet and secure it to the topper and then use the zipper to secure the topper to your mattress.

## VERSION GrandeHygiène 6131H



**Cover:** Border with climate membranes and zipper for securing the topper to the mattress; washable at up to 30°C. Anti-slip underside.

**Upholstery:** On the core 750 g/m<sup>2</sup> luxury natural cushioning (Swiss virgin wool, Swiss alpaca wool, tussah silk). Air-vent perforation. Without cover sheet.

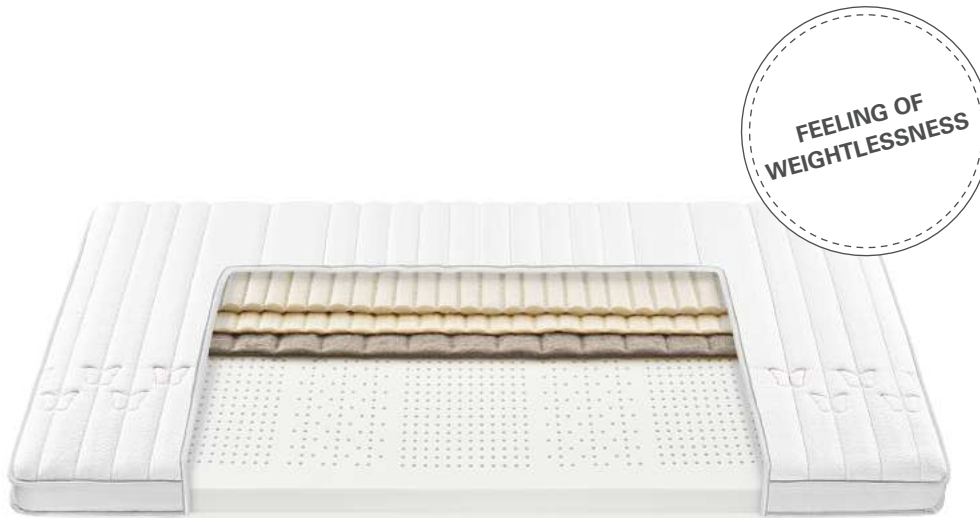
## VERSION HypoAllergen 6131A



**Cover:** Border with climate membranes and zipper for securing the topper to the mattress; washable at up to 30°C. Anti-slip underside.

**Upholstery:** On the core 300 g/m<sup>2</sup> vegan climate-fibre padding (eco fibrefill hollow fibre from 100% recycled PES). Hypoallergenic. Without cover sheet.

# dream-away visco topper

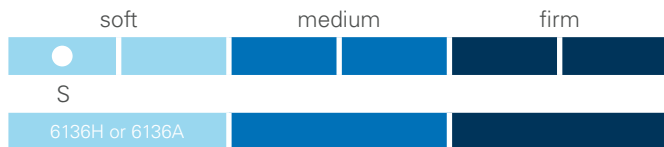


6136H

## CORE AND COMFORT



Premium mattress topper made of visco-elastic Feelingpur, with a memory effect. Vertical perforated mesh air vents with more than 1,500 ventilation points per m<sup>2</sup>. Core height 5 cm, topper height approx. 8.5 cm.



## USE

### Topper without zipper for loose placement on a mattress.

This topper is perfect for all loose placements on any mattress, particularly when used in a double bed over two mattresses. This topper can be turned over.

## VERSION GrandeHygiène 6136H



**Cover:** Luxurious piped design with the hygiene benefits of Silverskin<sup>Ag</sup>; climate membranes and an all-round zipper; removable and washable at up to 30 °C. Elastic botanical viscose double-stretch (Dessin 430). **Upholstery:** Top side 1250 g/m<sup>2</sup> luxury natural cushioning (Swiss virgin wool, Swiss alpaca wool, tussah silk). Air-vent perforation. Underside 500 g/m<sup>2</sup> natural cushioning (Swiss virgin wool).

## VERSION HypoAllergen 6136A



**Cover:** Luxurious piped design with climate membranes and an all-round zipper; removable and washable at up to 60 °C. Elastic double-stretch made out of 100% recycled PES (Dessin 439). **Upholstery:** Top side 600 g/m<sup>2</sup>, underside 300 g/m<sup>2</sup> vegan climate-fibre padding (eco fibrefill hollow fibre from 100% recycled PES). Hypoallergenic.

# dream-away cover system



16H, SBDA24

## CLEVER AND SUSTAINABLE COVER SYSTEM

If you'd like, you can order the individual components of the dream-away mattress cover system separately. The zippers here can be used to connect the new mattress cover sheet and the new mattress side border to your mattress or mattress topper at any time. In other words, you can swap only those individual components that you need to swap.

## SIDE BORDER FOR dream-away SBDA20 / SBDA24

Luxurious mattress side border with climate membranes, handles and an all-round zipper on the top and bottom; removable and washable at up to 30°C. For fixing to GrandeHygiène and HypoAllergen mattress cover sheets or to the mattress topper. Suitable for mattress heights of 20 cm (SBDA20) or 24 cm (SBDA24).

## COVER SHEET FOR VERSION GrandeHygiène 16H



Mattress cover sheet with the hygiene benefits of Silverskin<sup>®</sup>; with an all-round zipper for fixation to the mattress side border or mattress topper on the top or bottom. Washable at up to 30°C. Elastic botanical viscose double-stretch (Dessin 430). **Upholstery:** 500 g/m<sup>2</sup> luxury natural cushioning (Swiss virgin wool).

## COVER SHEET FOR VERSION HypoAllergen 16A



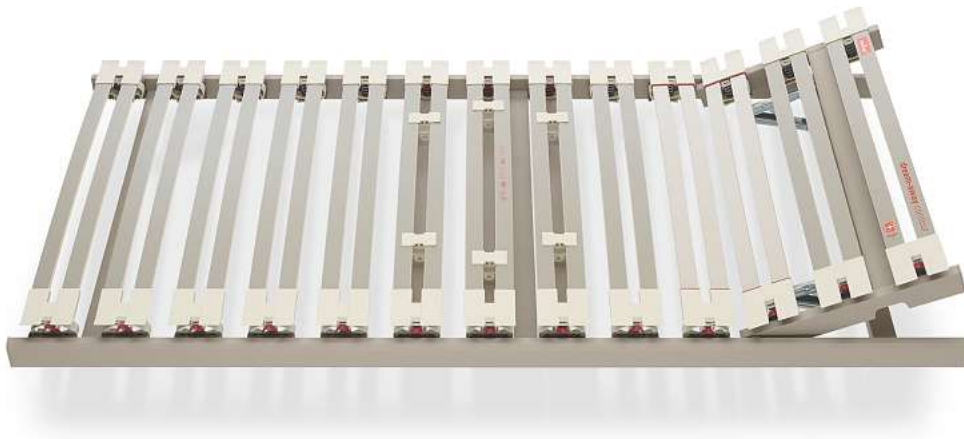
Mattress cover sheet with an all-round zipper for fixation to the mattress side border or mattress topper on the top or bottom. Washable at up to 60°C. Elastic double-stretch made out of 100% recycled PES (Dessin 439). **Upholstery:** 300 g/m<sup>2</sup> vegan climate-fibre padding (eco fibrefill hollow fibre from 100% recycled PES). Hypoallergenic.



#### KNOWLEDGE TO HELP YOU SLEEP SOUNDLY

At rovia, sustainability begins as soon as we set about procuring the raw material. It is woven into our resource-conserving production processes, and finally is an integral part of our premium-quality products, which live out their long lives in bedrooms, where they guarantee a relaxing and natural night's sleep.

# dream-away contour



SUPPORT  
TAILORED TO YOUR  
CONTOURS

2121

Tailored support for your well-being. The free-floating system frame with extremely high spring deflection that extends beyond the edge zones means a level of customisation that has not been possible until now. The sophisticated spring element with fatigue-resistant spiral springs gently accommodates any pressure in a self-regulating process. Each individual spring element is also height-adjustable, meaning that the system can be individually adjusted to suit any body contour (+27 mm to -18 mm).

SYSTEM FRAME WITHOUT ADJUSTMENT OPTIONS 2120



SYSTEM FRAME WITH RAISED HEAD SUPPORT 2121



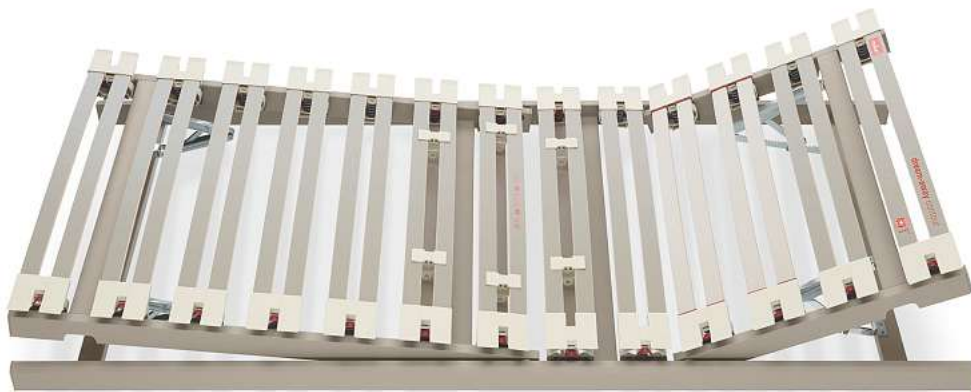
## ANATOMICALLY SOUND SUPPORT

No two people are alike. For this reason, the rovia dream-away sleep system can be precisely adapted to suit the sleeper's body. The result is an ergonomically correct sleeping position.

## NEW: EXTRA-WIDE

For greater comfort: width up to 160cm, sleeping surface with one sector and no centre bar (in models 2120 and 2121).





2122

**DESIGN**

Spring elements consisting of spiral springs and spring arches made from Hytrel provide dynamic support. They are also highly flexible, self-regulating and completely resistant to fatigue. Full frame coverage for a completely flexible sleeping surface right to the outer edges of the bed. Spring elements can be adjusted to a variety of height levels for a sleeping position that is perfectly matched to your body contours. Highly elastic shoulder support. Individually adjustable centre zone reinforcement. High spring deflection (4cm) at a low overall height. Frame made from sturdy plywood, coated, warm grey. Slats made from steamed beech plywood, warm grey decorative finish. Available in closed-ring design and with feet for assembly. Frame height 10.5 – 13.5cm.

**XXL OPTIMISED SUPPORT 9007**

Specially reinforced springs – recommended for loads of more than 100 kg per system frame.

**SYSTEM FRAME WITH RAISED BACK AND FOOT SUPPORT**

2122

**REFLUX SYSTEM FRAME WITH TILTED BODY POSITION 2122R**

Tilted sleeping surface adjustable in 5 levels from 0° to 4° (0 to 14cm).

**VEINS SYSTEM FRAME WITH RAISED HEAD AND LONG FOOT SUPPORT 2122V**

To relieve the veins, tilted long foot support, adjustable in 5 steps from 0° to 5° (0 to 13cm).

# dream-away contour



2127

## SYSTEM FRAME MATIC A2 2125



System frame with raised head and foot support and seat section, 2 drives. Wireless remote control, memory function (3 positions), LED guide light and torch function, mains cut-off and emergency battery-powered lowering function, including mattress stopper. Ground clearance for motor: 15 cm.

## SYSTEM FRAME MATIC A4 2127



System frame with raised head and foot support and seat section, 4 drives. Wireless remote control, memory function (3 positions), LED guide light and torch function, mains cut-off and emergency battery-powered lowering function, including mattress stopper. Ground clearance for motor: 15 cm.

## DESIGNER DAY BED

**Package:** Closed-ring design (9118) with 4 wooden feet (9110) and 4 side mattress holders (9008), for dimensions 90 × 200 cm.



#### MADE IN SWITZERLAND

For rovida, "Swiss made" is a quality promise that we commit to every single day – with our years of experience, our wealth of expertise and plenty of passion. At our workshop in Wangen an der Aare, Swiss quality products of the very highest value are produced to meet the most exacting demands.

# activa: sleep well – naturally.

*Nature is an inspiration to us in many ways.* In nature, everything is in balance – and this is the philosophy behind the new rovia activa sleep system too. Renewable, sustainably sourced and completely natural raw materials are processed by hand with all our expertise to create luxurious mattresses and system frames. Allow yourself to be transported to a natural, restful world of sleep with rovia activa.



# activa – where nature, technology and health are in balance



Our technology fuses with nature to create an unparalleled sleeping experience. In the Swiss Balance Support system, the mattress and system frame come together in a sustainable symbiosis to offer you a more restful night's sleep than ever. The dynamic system adapts to your body in any sleeping position, providing perfect balance and an unbeatable sleeping experience.



# Refined balancing of the body

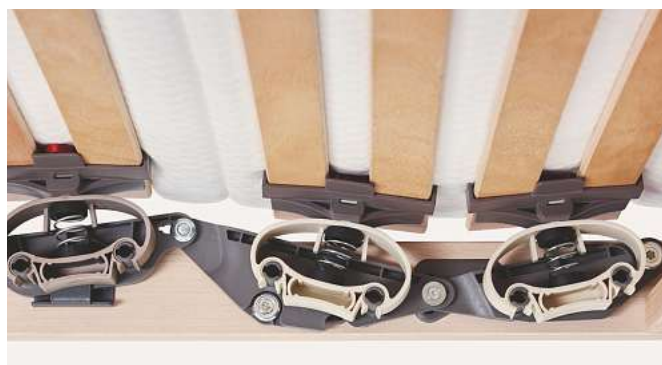






#### INTELLIGENT SWISS BALANCE SUPPORT

The interactive Swiss Balance Support system from rovia provides perfect balancing for your body, whatever your sleeping position. When a force is applied to the system frame in the pelvic region and/or the shoulder area, the spring element in the lumbar region is raised. This provides active support for the lower back and supports the natural curvature of the spine.



#### SHOULDER SUPPORT FOR TANGIBLE RELIEF

In the shoulder region, the spring elements of the system frame have a large range of downward movement thanks to the Swiss Balance Support technology. This means that when you sleep on your side, your shoulder has plenty of room to sink into the mattress instead of getting squashed up uncomfortably.

#### AUTOMATIC ADJUSTMENT TO YOUR ANATOMY

The Swiss Balance Support system can be adapted to the anatomy of your body, interactively and completely automatically, no matter what your height and weight. Whatever your chosen sleeping position, your body is perfectly balanced in a self-regulating process. The result is a feeling of weightlessness and no uncomfortable pressure points.

Perfection  
in every detail





#### INDIVIDUALLY ADJUSTABLE

The new Swiss Balance Support technology introduces a whole new level of interaction between the various sleeping zones. Enjoy a completely balanced spine from neck to pelvis. The desired comfort level can be adjusted using the cushioned limit stop. The "butterfly" adjuster provided for this can be positioned at various heights.



#### SUPPORT TAILORED TO YOUR CONTOURS

The self-regulating spring elements of the rovia activa balance system frame can be set at multiple levels in the region from below the pelvis to the end of the feet, and in the head area. They can also be individually adapted to suit the contours of any body.

#### FUNCTIONALITY AND SUSTAINABILITY

The rovia activa balance system frame is made from carefully selected FSC-certified beechwood, a material with exceptional elasticity and durability. The spring system has a lightweight, free-floating design that perfectly complements the expertly finished woodwork. The red triangle indicates that the Swiss Balance Support system is at work here, providing interactive support for the body from the neck to the pelvis.

The best  
of nature





#### IT'S WHAT'S INSIDE THAT COUNTS

With rovia activa, there are three different mattress cores to choose from (nature, spring, pure), each with their own independent character and mix of materials. Together, all three represent ergonomic perfection and a joined-up approach to implementing sustainability. They can be combined with the rovia activa balance system frame to give you the very best night's sleep.



#### ENJOY SLEEP THE SUSTAINABLE WAY

The GrandeNature mattress cover is made of elastic double-stretch cotton/viscose for a level of comfort on the surface that you can really feel. Meanwhile, the climate-regulating membranes on the sides make the mattress even more breathable. With two fully detachable brass zip closures, it is easy to remove and wash the cover.

#### THE EMBRACE OF NATURE

What could be better than sleeping on natural materials? Luxurious natural cushioning made from pure Swiss wool, tussah silk, Swiss alpaca wool and pure horsehair – all put together with true innovation to create a perfectly balanced sleeping environment. The soft mattress core is made from 100% natural pure latex and provides perfect support for your body.

# activa nature



1374

If you're looking for nature, you don't have to go far. Now you can find everything you love about nature right in your own home, every time you go to sleep. With the combination of silk, pure wool, horsehair and alpaca wool, and 100% natural latex, your nights can be more natural – and more restful – than ever. In fact, the only other place you'll find this much natural goodness is in nature itself. The mattress can be combined with the rovida activa balance system frame to give you the very best night's sleep.

### A NATURAL EXPERIENCE

- Sustainably sourced 100% natural Talalay latex with FSC and Rainforest Alliance certification, as well as Cradle to Cradle gold certification
- Fluffy natural cushioning
- Supportive spring cubes made from a mixture of pure horsehair and natural latex
- Sustainable, fully recyclable raw materials and environmentally friendly production processes

### HYGIENE CONCEPT

- Cushioning and spring cubes made from natural materials for a dry sleeping environment and maximum hygiene
- Washable at up to 30°C

### A BALANCED ENVIRONMENT

- Equalisation of air and moisture thanks to vertical air-vent perforation and honeycomb design, along with climate-regulating membranes
- Spring cubes and edge regions made from a mixture of pure horsehair and natural latex with optimum hygroscopic properties
- Climate-regulating natural cushioning for a healthy and dry sleeping environment

### SHEER COMFORT

- Optimum strain relief and point elasticity thanks to the mattress core made from 100% natural Talalay latex running all the way through
- Mobilising spring cubes for optimum balancing
- Dynamic sleeping comfort and optimum freedom of movement

### EXPERTISE IN ERGONOMICS

- Perfectly matched to the ergonomically active Swiss Balance Support system used in the roviva activa balance system frame
- Supportive spring cubes for anatomically sound positioning of the body
- Gentle cushioning for side sleepers
- Slight raising of the lumbar region thanks to firm, supportive spring cubes for the lower back

### CORE AND COMFORT



Supportive centre core made from original 100% natural Talalay latex with ergonomic honeycomb zones and integrated spring cubes made from pure horsehair for support and climate regulation. Spring cubes with medium firmness in the pelvic region and higher firmness in the spinal area for dynamic, active spine support. New shoulder support with highly effective cube profiling. Pro-Senso lining made from original 100% natural Talalay latex, with extra strain-relieving action on both sides. Vertical air-vent perforation with more than 6,000 ventilation points per m<sup>2</sup> running through the entire mattress core. Edge regions on the longitudinal sides made from a mixture of pure horsehair and natural latex. Core height 15cm, mattress height approx. 19cm.

soft	medium	firm
S	M	F
1374 or 1377	1375 or 1378	1376 or 1379

#### VERSION GrandeNature 1374 S/1375 M/1376 F



**Cover:** luxurious piping with climate-regulating membranes and two zip closures on all sides, top sheets can be detached and removed separately, washable at up to 30°C. 500g/m<sup>2</sup> heavy, elastic double-stretch viscose cotton (pattern 435). **Upholstery:** 1,250g/m<sup>2</sup> luxury cushioning (pure Swiss wool, tussah silk, Swiss Alpaca wool, climate-regulating cushioning made from biodegradable high-tech fibres). Air-vent perforation.

#### VERSION HypoAllergen 1377 S/1378 M/1379 F



**Cover:** Special cover for allergy sufferers with zip closure on all sides, detachable, washable at up to 60°C. 300g/m<sup>2</sup> heavy botanic double-stretch viscose (pattern 423). **Upholstery:** 600 g/m<sup>2</sup> vegan climate-fibre padding (eco fibrefill hollow fibre from 100% recycled PES). Hypoallergenic.

# activa spring



1368

During the day, your feet are responsible for bearing your weight. At night, that's a job for our highly flexible pocket-sprung core. Allow yourself to sink into the mattress, where the interactive coil springs will be there to catch you. Enjoy the softness of the mattress surface – made from 100% natural pure latex – and let it take away the strain. The two cushioning layers, made from a mixture of horsehair and natural latex, flawlessly stabilise and balance your body. The mattress can be combined with the rovida activa balance system frame to give you the very best night's sleep.



### A NATURAL EXPERIENCE

- Sustainably sourced, 100% natural Hevea AirPlus latex
- Fluffy natural cushioning
- Spring core cover made from a mixture of pure horsehair and natural latex
- Sustainable, fully recyclable raw materials and environmentally friendly production processes

### HYGIENE CONCEPT

- Cushioning and spring core cover made from natural materials for a dry sleeping environment and maximum hygiene
- Active ventilation for hygienic freshness
- Washable at up to 30 °C

### A BALANCED ENVIRONMENT

- Well-ventilated pocket-sprung core creates a large air volume inside the mattress, as well as actively regulating temperature and moisture levels
- Spring core cover made from a mixture of pure horsehair and natural latex with optimum hygroscopic properties
- Climate-regulating natural cushioning for a healthy and dry sleeping environment

### SHEER COMFORT

- Feel like you're floating thanks to the dynamic strain relief provided by the interactive pocket springs
- Freedom of movement and progressive support
- Pro-Senso lining made from 100% natural Hevea latex with AirPlus to prevent pressure pain and improve blood circulation

### EXPERTISE IN ERGONOMICS

- Perfectly matched to the ergonomically active Swiss Balance Support system used in the roviva activa balance system frame
- Anatomically sound support for the body thanks to the interactive pocket-sprung core
- Perfect balancing and support for the body
- Elastic pelvis support
- Gentle cushioning for side sleepers

### CORE AND COMFORT



Well-ventilated, ultra-flexible 7-zone pocket-sprung core made from refined coil springs, individually inserted into cotton box-sprung pockets to provide independent and progressive support. New shoulder support with especially soft coil springs. Cover on both sides made from an elastic composite of pure horsehair and natural latex. Pro-Senso lining with extra strain relief on both sides, made from 100% natural Hevea AirPlus latex. All-round reinforcement of the edge regions with 100% natural Hevea AirPlus latex. Core height 15 cm, mattress height approx. 19 cm.

soft	medium	firm
S	M	F
1368 or 1371	1369 or 1372	1370 or 1373

### VERSION GrandeNature 1368 S / 1369 M / 1370 F



**Cover:** luxurious piping with climate-regulating membranes and two zip closures on all sides, top sheets can be detached and removed separately, washable at up to 30 °C. 600 g/m<sup>2</sup> heavy, elastic double-stretch viscose cotton (pattern 435). **Upholstery:** 1,250 g/m<sup>2</sup> luxury cushioning (pure Swiss wool, tussah silk, Swiss Alpaca wool, climate-regulating cushioning made from biodegradable high-tech fibres). Air-vent perforation.

### VERSION HypoAllergen 1371 S / 1372 M / 1373 F



**Cover:** Special cover for allergy sufferers with zip closure on all sides, detachable, washable at up to 60 °C. 300 g/m<sup>2</sup> heavy botanic double-stretch viscose (pattern 423). **Upholstery:** 600 g/m<sup>2</sup> vegan climate-fibre padding (eco fibrefill hollow fibre from 100% recycled PES). Hypoallergenic.

# activa pure



1362

With more than 100 joints and more than 200 bones, the human body is a marvel of movement – and it’s constantly on the go. It’s even active in the middle of the night, buffeted by wild and vivid dreams. The ergonomically designed mattress core of the rovia activa pure provides gentle support even for abrupt body movements. So you can sleep safe and sound in maximum comfort. The mattress can be combined with the rovia activa balance system frame to give you the very best night’s sleep.

### A NATURAL EXPERIENCE

- Fluffy natural cushioning for a healthy and dry sleeping environment
- Double-stretch viscose cotton for a natural night's sleep with comfort-boosting elasticity

### HYGIENE CONCEPT

- Cushioning made from natural materials for a dry sleeping environment and maximum hygiene
- Washable at up to 30°C

### A BALANCED ENVIRONMENT

- Well-ventilated Porotex mattress core with horizontal profile design
- Equalisation of air and moisture thanks to open-pored materials and climate-regulating membranes
- Climate-regulating natural cushioning for a healthy and dry sleeping environment

### SHEER COMFORT

- Mattress core made from Modulator material with point elasticity for perfect strain relief
- Pro-Senso lining made from extra-soft Porotex Embrace to prevent pressure pain and improve blood circulation
- Elastic double-stretch material adapts to the contours of every body

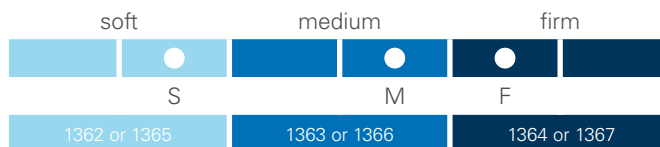
### EXPERTISE IN ERGONOMICS

- Perfectly matched to the ergonomically active Swiss Balance Support system used in the roviva activa balance system frame
- Anatomically sound support for the body thanks to Modulator mattress core
- Perfect balancing of the body
- Elastic pelvis support
- No more uncomfortable lying on your side thanks to the highly elastic shoulder support

### CORE AND COMFORT



Highly flexible Modulator mattress core made from breathable Porotex with air cell structure and anatomically configured support and strain relief zones. Specially configured modular inserts of varying levels of firmness. ErgoShape surface profiling on both sides and strain-relieving Pro-Senso lining made from extra-soft Porotex Embrace. Highly elastic shoulder support. Horizontal in-out transverse ventilation profile. Core height 15cm, mattress height approx. 19cm.



#### VERSION GrandeNature 1362 S/1363 M/1364 F



**Cover:** luxurious piping with climate-regulating membranes and two zip closures on all sides, top sheets can be detached and removed separately, washable at up to 30°C. 500g/m<sup>2</sup> heavy, elastic double-stretch viscose cotton (pattern 435). **Upholstery:** 1,250g/m<sup>2</sup> luxury cushioning (pure Swiss wool, tussah silk, Swiss Alpaca wool, climate-regulating cushioning made from biodegradable high-tech fibres). Air-vent perforation.

#### VERSION HypoAllergen 1365 S/1366 M/1367 F



**Cover:** Special cover for allergy sufferers with zip closure on all sides, detachable, washable at up to 60°C. 300g/m<sup>2</sup> heavy botanic double-stretch viscose (pattern 423). **Upholstery:** 600 g/m<sup>2</sup> vegan climate-fibre padding (eco fibrefill hollow fibre from 100% recycled PES). Hypoallergenic.

# activa balance



WITH ACTIVE SWISS BALANCE SUPPORT

2031



reddot award 2018 winner

## SWISS BALANCE SUPPORT

The new, patent-pending Swiss Balance Support technology in the back region is based on the principle of a set of scales. A downward movement generates an upward counter-movement until an equilibrium is reached. When the shoulders and the pelvis sink down, the spring elements of the rovia activa balance system frame are deflected downwards, while the spring elements in the lower back region extend at the same time. This results in perfect balancing of the body and an optimum distribution of pressure. The interactive Swiss Balance Support system reacts dynamically to every position change, guaranteeing a correct sleeping position no matter whether you are lying on your side, back or front. With this special system that adapts to your body, there are no compromises – it works on each side of the bed independently.

## SUPPORT TAILORED TO YOUR CONTOURS

The Swiss Balance Support technology guarantees perfectly balanced positioning of the back, in particular in the shoulder and pelvic regions. In addition to their subtle adaptive action, the self-regulating spring elements of the rovia activa balance system frame are also height-adjustable in the region from below the pelvis to the end of the feet, and in the head area, and can be individually adapted to suit the contours of any body.

## SYSTEM FRAME WITHOUT ADJUSTMENT OPTIONS 2030



## SYSTEM FRAME WITH RAISED HEAD SUPPORT 2031





2032

reddot award 2018  
winner

## DESIGN

Spring elements consisting of spiral springs and spring arches made from Hytrel provide dynamic support. They are also highly flexible, self-regulating and completely resistant to fatigue, as well as having high spring deflection. Full frame coverage for a completely flexible sleeping surface right to the outer edges of the bed. Swiss Balance Support in the back region with interactive shoulder support and lower back/pelvis balancing. Various comfort settings can be configured using the cushioned limit stop. Spring elements from the pelvic region to the feet can be set at a variety of heights. Solid beechwood frame with pigmented natural surface in an elegant closed-ring design. Slats made from steamed beech plywood with pigmented, sealed natural surface. Frame and slats FSC-certified. Frame height 10–12.5 cm.

## SYSTEM FRAME WITH RAISED HEAD AND FOOT SUPPORT

2032



## DESIGNER DAY BED

**Package:** The activa balance system frame can be positioned on suitable wooden feet (9109). 4 wooden feet, height 20 cm, including centre foot.

# activa balance



2037



reddot award 2018  
winner

## SYSTEM FRAME MATIC A2 2035



System frame with raised head and foot support and seat section, 2 drives. Wireless remote control, memory function (3 positions), LED guide light and torch function, mains cut-off and emergency battery-powered lowering function, including mattress stopper. Continuous adjustability, including automatic extension of head and seat section, with head section extending first. Configurable foot geometry, either with leading knee support for relaxation or special foot position for strain relief – ideal for side sleepers. Ground clearance for motor: 15cm.

## SYSTEM FRAME MATIC A4 2037



System frame with raised head and foot support and seat section, 4 drives. Wireless remote control, memory function (3 positions), LED guide light and torch function, mains cut-off and emergency battery-powered lowering function, including mattress stopper. Individual, continuous adjustment in all sitting, lying and relaxing positions, including raised feet with pronounced heel raising to reduce strain on the legs. Ground clearance for motor: 15cm.

# Important information

## MATTRESSES

**Intermediate sizes:** next-largest size plus a 10% surcharge.

**Outsize dimensions:** widths of more than 180cm are converted from the base price to the effective size plus a 15% surcharge.

### Example for a width of 200 cm:

$$\frac{\text{Price for 180 cm}}{180} \times 200 \times 1.15$$

**Rounded corners:** manufactured using a template; only available for mattresses with the GrandeHygiène and HypoAllergen finish (dream-away impérial, dream-away climaxx, dream-away air space, dream-away byblos).

## SYSTEM FRAME/SPRING SYSTEM

**Intermediate sizes:** next-largest size plus a 30% surcharge.

**Outsize widths:** not available.

**Rounded corners:** not available.

## OTHER

Please note that minor variations in the stated dimensions of up to 2% are possible owing to the mattress materials. Do not use a fitted bedsheet that is too small, as this will compress the mattress. Store mattresses horizontally.

Natural variations in textile materials may cause slight colour differences. Wood is a natural product. Every tree is unique: variations in the wood colour or grain, intergrown knots and small cracks in the wood give the bed its unique, natural character.

In the warranty information, you will find tips on how to care for your mattress. Washable mattress covers should be washed at no hotter than 30°C on a gentle cycle with a laundry detergent designed for wool.

To clean your system frame or bed, we recommend simply wiping with a dry or slightly damp cloth. Do not use cleaning agents or wood polish.

All information provided is non-binding. rovida reserves the right to make technical changes, or any other type of changes, at any time.

## QUALITY GUARANTEE

Products from rovida are made from top-quality raw and base materials. In combination with careful processing, regular quality controls and recognised internal and external safety tests, this results in quality products and services that do exactly as they promise.

## FULL WARRANTY

Under normal usage conditions, we grant a warranty of 10 years which guarantees that the mattress and the system frame and/or spring system will remain usable throughout this period. The warranty covers material defects and manufacturing faults. The full warranty lasts for 2 years. If repairs or replacements are required from the start of the third year onwards, the warranty claim reduces by 10% per year from the date of manufacture (pro-rata warranty to 10 years). For system frames with electrically adjustable components, including drives, remote controls and beds, we grant a 2-year full warranty.

Please read the detailed warranty conditions included with your product.

# Accessories for system frames



**WOODEN FOOT 9110**  
cylindrical, warm grey beech  
for the dream-away system frame  
height 20 cm, ø 5.5 cm  
height 25 cm, ø 6.5 cm

**WOODEN FOOT 9109**  
cylindrical, white pigmented beech  
for the activa system frame  
height 20 cm, ø 5.5 cm  
height 25 cm, ø 6.5 cm



**CHROME FOOT 9103**  
cylindrical, chrome-plated, glossy  
for system frames dream-away, activa  
height 20 cm, ø 6 cm  
height 25 cm, ø 6 cm



**WOODEN TELESCOPIC FOOT 9112**  
cylindrical, warm grey beech, ø 5.5 cm  
height-adjustable from 15 to 23 cm  
for additional, central support of  
single frame on legs or in bed frame  
for system frames dream-away, activa

**ADAPTER FOR TELESCOPIC FOOT 9113**  
foot elevation 5 cm, warm grey beech, ø 5.5 cm  
for wooden telescopic foot (9112) or wooden foot  
(9110, 20 cm)



**PAIR OF RUNNERS 9005.901/9006.901**  
metal, coated steel profile brown-grey  
height 20 cm and 25 cm

**PAIR OF CHROME RUNNERS 9005.851**  
glossy, chrome-plated steel profile  
height 20 cm





9114

**CONNECTION TELESCOPIC FOOT 9114**

Set, cylindrical, warm grey beech,  $\varnothing$  5.5 cm height-adjustable from 17.5 to 25.5 cm for connecting and supporting two frames on legs or in bed frame, set back independent of the bed crossbar for system frames dream-away, activa



9118

**CLOSED-RING DESIGN 9118**

Head and foot frame (6 cm) for a fully enclosed bed for setting on feet, warm grey, for the dream-away system frame



9008.851



9013

**MATTRESS HOLDER 9008.851**

lateral, chrome-plated metal, glossy, for system frames dream-away, activa up to frame width 140 cm

**BED CLAMPS 9013**

for system frames, coated metal



9009

**MATTRESS STOPPER 9009**

bottom, chrome-plated metal, glossy, for system frames dream-away, activa

**REMOTE-CONTROLLED POWER OUTLET 9042**

for system frames with 2/4 drives

# papillon comfort pillow



The ergonomically designed rovia papillon comfort pillow softly cradles your head like a cloud. Its butterfly shape helps you achieve an ideal sleeping position, whether you prefer to sleep on your side, back or front.

#### ERGONOMIC SUPPORT

The comfort pillow has two shoulder sides of different lengths, with recessed areas of varying sizes. On one side, the section between the shoulder and pillow is narrower, providing stability for the neck. On the other side, this section is broader, providing plenty of space for sleepers with broader shoulders and necks. The lowered section in the middle of the comfort pillow guarantees that your head will stay in an ideal central position. The curved sides of the pillow, which slope away slightly to the edges, mean that you can breathe freely when lying on your side. The range of different core types available in the rovia papillon offer gentle strain relief and perfect support for your head and neck.



### ALL NATURAL

The exceptional point elasticity of 100% natural Hevea latex offers the very softest sleeping sensations. Its dynamic supportive action always creates the perfect position for your head and neck. The natural latex surface, with an air-vent design that features multiple ventilation points, keeps the pillow cool and refreshing.

#### papillon nature COMFORT PILLOW

**Core:** 100% natural Hevea latex with air-vent surface. **Cover:** case design with silky-soft, double-stretch botanic viscose (pattern 434). Casing with zip closure, removable, washable at up to 60°C. **Comfort:** for side, back and front sleepers.

Article no	Size	55 x 35 cm (l x w)
5964	S	Height 9 cm
5963	L	Height 11 cm



### PILLOWY PERFECTION

With the ro viva papillon visco comfort pillow made from viscoelastic Feelingpur Embrace material, you can embrace the softness and let your stress melt away. The core material has a memory effect and offers a soft place for your head to sink in while providing perfect support for your neck.

#### papillon visco COMFORT PILLOW

**Core:** viscoelastic Feelingpur Embrace with memory effect. **Cover:** case design with silky-soft, double-stretch botanic viscose (pattern 434). Casing with zip closure, removable, washable at up to 60°C. **Comfort:** for side, back and front sleepers.

Article no	Size	55 x 35 cm (l x w)
5969	S	Height 9 cm
5968	L	Height 11 cm



### LIGHT AND BREEZY

The cosy comfort pillow with its ergonomically contoured design is filled with soft down and feathers. This provides an airy surface for your head, with cosy and comfortable support for your head and neck.

#### papillon air COMFORT PILLOW

**Core:** 30% new, pure goose down, white, from Europe; 70% goose feathers, white, filled weight 550 g. **Case:** fustian, 100% cotton, washable at up to 60°C. **Comfort:** for side, back and front sleepers.



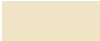


Article no	55 x 35 cm (l x w)
5965	Height 13 cm

#### REPLACEMENT COVER FOR papillon comfort pillow 5992 (pattern 434)

#### PILLOWCASE 5993

Matching jersey pillowcase for the papillon comfort pillow with zip closure, washable at up to 60°C, available in the colours white, red, sand, grey and blue.

#### COLOUR VARIANTS

	White (020)		Red (021)
	Sand (022)		Grey (023)
			Blue (024)



### THE NATURAL

The exceptional point elasticity of 100% natural Hevea latex provides for an indescribably soft feeling when you're lying down. Dynamic support ensures a perfect position for your head and neck at all times. The natural latex air-vent surface with multiple ventilation points keeps the pillow cool.

#### papillon nature grand COMFORT PILLOW

**Core:** Extra-large comfort pillow made of 100% natural Hevea latex and featuring an air-vent surface. **Cover:** Silky smooth cover with botanical viscose double-stretch (Dessin 434). Cover with zipper; removable, washable at up to 60 °C. **Comfort:** For side, back and, in particular, front sleepers.

Article no	Size	55 x 45 cm (l x w)
5970	L	Height 10 cm



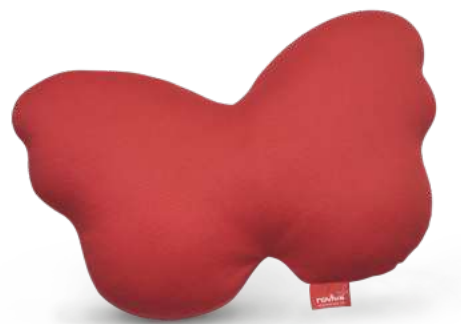
#### REPLACEMENT COVER FOR COMFORT PILLOW papillon grand 5982 (Dessin 434)

#### PILLOW CASE FOR COMFORT PILLOW papillon grand 5983

Matching jersey pillow case for the papillon grand comfort pillow; zipper, washable at up to 60 °C, available in the colours white, red, sand, grey and blue.

#### COLOUR VARIANTS

	White (020)		Red (021)
	Sand (022)		Grey (023)
			Blue (024)



#### BUTTERFLY PILLOW 5540

**Filling:** Decorative pillow with PES climate-ball filling. **Cover:** Double-stretch cotton, red (Dessin 415), washable up to 30 °C.

**Size:** 55 x 35 cm



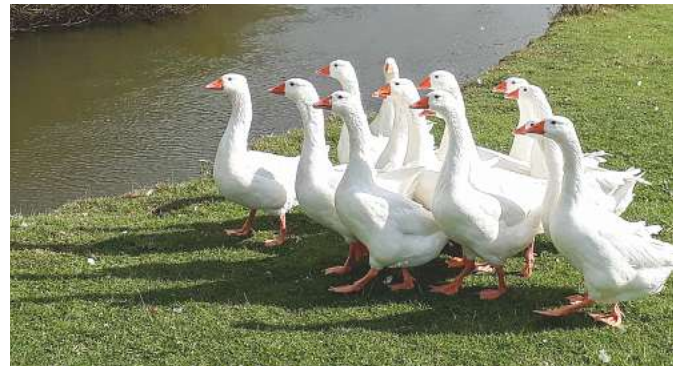
#### WIDE AWAKE FOR OUR CUSTOMERS

For more than 270 years, we have been in pursuit of the perfect night's sleep. Our experience forms the basis for our innovations, which focus on the central elements of a good sleeping system. These include: a natural experience, the hygiene concept, climate regulation, comfort, and expertise in ergonomics.

# dream-away – fabulous duvets and pillows



**The crowning glory of the dream-away sleep system.** The new duvet and pillow from the dream-away series is the crowning glory of your sleep system and goes together perfectly with your mattress and contour bed frame. The light-as-a-feather duvet caresses your body and ensures a pleasant and wonderfully balanced bed experience. The pillow gently supports your head. Indeed, roviva dream-away guarantees a beautiful night's sleep.



#### DOWN FROM MASURIAN FREE-RANGE GEESE

We treat all animals with respect, and our species-appropriate animal husbandry approach also has a positive effect on the quality of our down. Our big-fluffy down fillings come from free-range geese in the Masurian Lake District in Poland. The geese are raised on small farms where there is no force-feeding or live plucking. We guarantee that this is the case with our Downpass Certificate and the Swiss Guaranty VSB seal of quality.



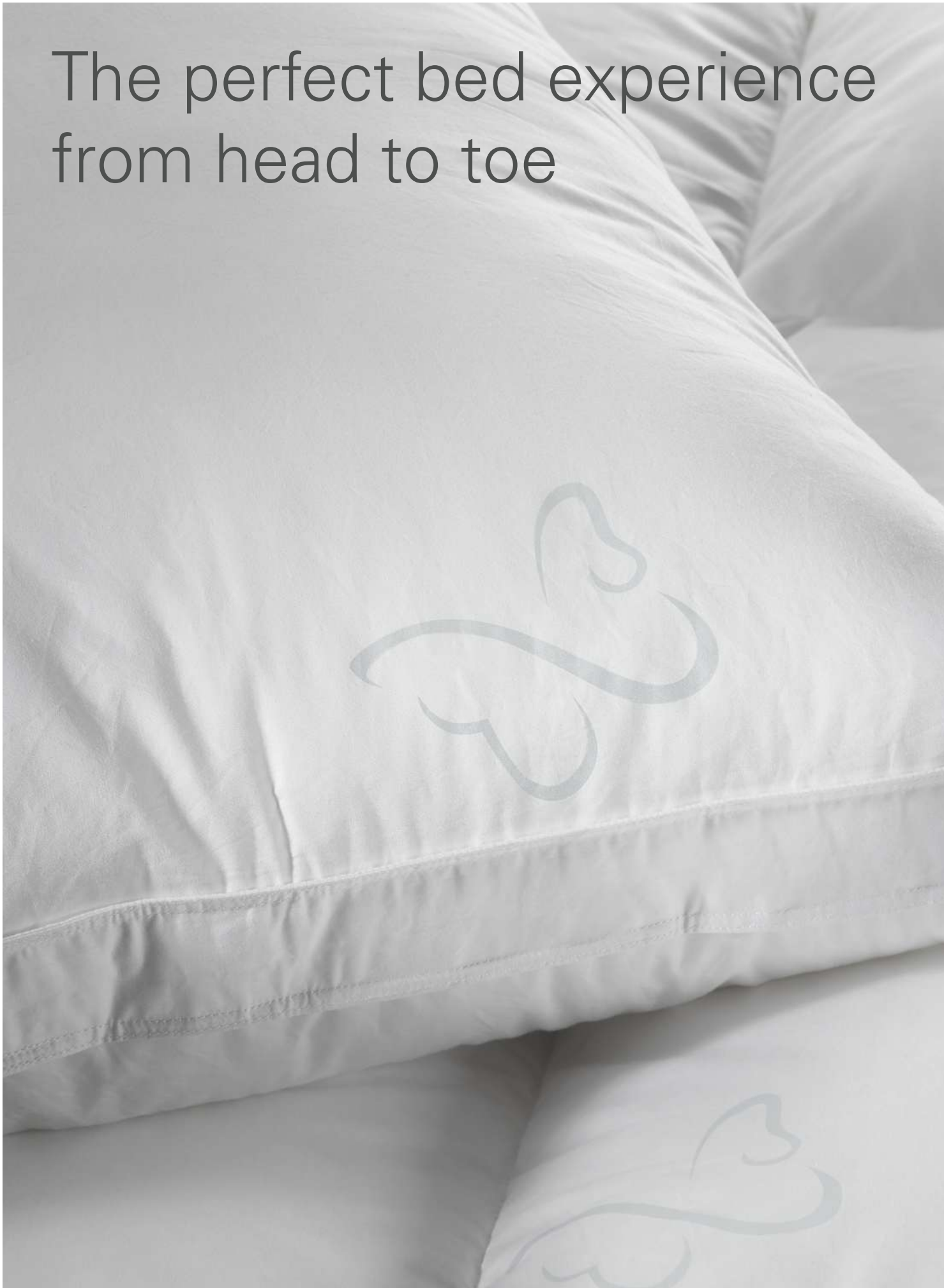
#### NATURAL CLIMATE CONTROL

Natural down and small feathers are among the best filling materials for bedding. With their millions of air chambers, the fine branches in the down and small feathers ensure a permanent balance between warm and cool and dry and damp. It's the ideal climate for under the covers!

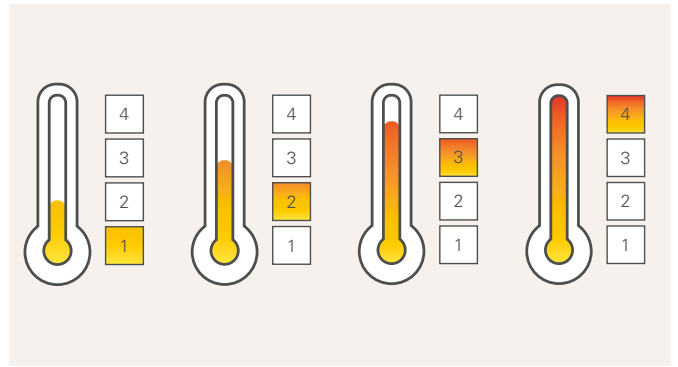
#### AIRY AND LIGHT AS A SNOWFLAKE

We use big-fluffy down from free-range geese for our high-quality dream-away duvets and pillows. This down material is quite big, has millions of fine branches and is so airy that it practically weighs nothing at all. The filling performance of this wonderfully light down material guarantees a fluffy feeling of well being.

The perfect bed experience  
from head to toe







**THE RIGHT THERMAL GRADE**

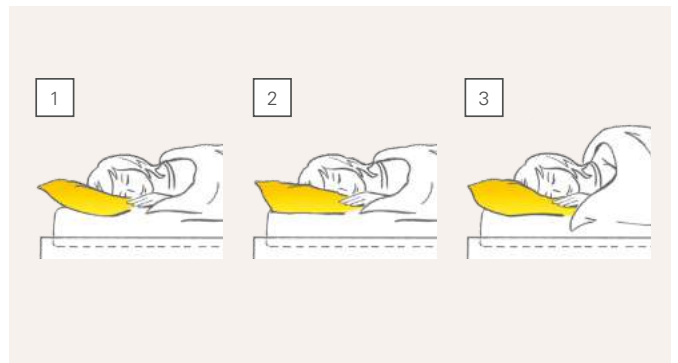
Do you like things a little cool when you're in bed, or do you prefer to snuggle up warm? You can pick the right duvet for your preferred "heat index":

1/cool: For sleepers who aren't much sensitive to cold at all and/or those who sleep with the heat on. Also suitable for use with waterbeds, or in summer.

2/medium: For sleepers who are somewhat sensitive to cold and/or those who sleep with the heat on. Also suitable for use with waterbeds.

3/warm: For sleepers with average cold sensitivity and/or those who sleep with just a little heat in bedrooms with normal insulation.

4/extra-warm: For sleepers who are highly sensitive to cold and/or those who sleep in cool bedrooms.



**THE RIGHT SUPPORT STRENGTH**

Your pillow should support your head and thus ease the strain on your cervical spine. You can pick the right pillow for your needs:

1/soft: Light pillow filling – suitable for front and back sleepers.

2/medium: Average pillow filling – suitable for front, back and side sleepers.

3/firm: Heavy pillow filling – especially suitable for side sleepers, as well as sleepers with broad shoulders who use firm mattresses.

**HYGIENICALLY FRESH IN BED**

Like the mattresses in the dream-away line, the dream-away duvets and pillows also offer the hygiene benefits of rovida Silver-skin<sup>Ag</sup>. Here, tiny silver ions woven into the soft cotton-fine satin material naturally repel micro-organisms such as dust mites, bacteria and micro-fungi. This hygiene-enhancing function is completely harmless from a toxicological point of view, complies with the requirements for Öko-Tex Standard 100 Class 1 certification and has excellent washing properties.

# dream-away pillow



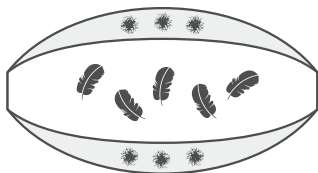
5441

## DESIGN

Luxurious and supportive 3-compartment down pillow with an extra-soft surface and an elegant side insert for optimised filling. Available in 3 different support strengths for front, side and back sleepers.

## SUPPORT STRENGTH

soft	medium	firm
●	●	●
1	2	3
5440	5441	5442



## FILLING



**Outer compartments:** New big-fluffy down exclusively from geese (white), 90% down, 10% small feathers. **Inner compartment:** New pure down exclusively from geese feathers (white), 100% small feathers. Exclusive quality from Masurian free-range geese. Certified in accordance with Downpass and Swiss Garantie VSB.

## CASE



Soft breathable fine satin, 100% cotton with hygiene benefits in the form of Silverskin<sup>Ag</sup>, which protects against mites, bacteria and their allergens; washable up to 40 °C. Öko-Tex Standard 100.

# dream-away duvet



5439

## DESIGN

High-quality, climate-balancing down and cassette stitched duvet for airy fine down distribution. Available in 3 thermal grades for all sleepers – i.e. from those who are somewhat sensitive to cold to sleepers who are highly sensitive to cold.

## THERMAL VALUE

cool	medium	warm	extra-warm
●	●	●	
1	2	3	4
5437	5438	5439	

## FILLING



New big-fluffy down exclusively from geese (white), 90% down, 10% small feathers. Exclusive quality from Masurian free-range geese. Certified in accordance with Downpass and Swiss Guaranty VSB.

## CASE



Soft breathable fine satin, 100% cotton with hygiene benefits in the form of Silverskin<sup>Ag</sup>, which protects against mites, bacteria and their allergens; washable up to 40 °C. Öko-Tex Standard 100.

# dream-away clima-pillow



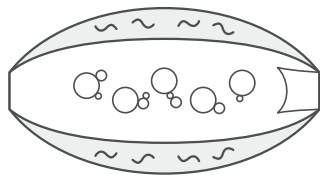
5445

## DESIGN

Supportive 3-compartment climate-fibre pillow with a cooling effect, extra-soft surface and an elegant side insert for optimised filling. Filling can be added to the pillow, which is also height adjustable and therefore perfect for front, side and back sleepers. Also suitable for people with allergies

## SUPPORT STRENGTH

soft	medium	firm
●	●	●
1	2	3
5445	5445	5445



## FILLING



**Outer compartments:** Extra-fluffy and light micro-gel climate-fibres. **Inner compartment:** Airy and supportive climate-ball filling. 100% polyester. Hypo-allergenic and vegan.

## CASE



Soft breathable fine satin, 100% cotton with hygiene benefits in the form of Silverskin<sup>Ag</sup>, which protects against mites, bacteria and their allergens. Refilling insert with zipper for individual adjustment of height and support strength. Washable up to 40 °C. Öko-Tex Standard 100.

# dream-away clima-duvet



5435

## DESIGN

High-quality, climate-balancing, climate-fibre, cassette-stitched duvet for airy fine distribution of micro-gel climate-fibres. Ideal for sleepers with average cold sensitivity. Also suitable for people with allergies.

## FILLING

**S**  
MICRO

Extra-fluffy and light micro-gel climate-fibres. 100% polyester. Hypo-allergenic and vegan.

## THERMAL VALUE

cool	medium	warm	extra-warm
1	2	3	4
	5435		

## CASE

SILVER  

Soft breathable fine satin, 100% cotton with hygiene benefits in the form of Silverskin<sup>Ag</sup>, which protects against mites, bacteria and their allergens; washable up to 40 °C. Öko-Tex Standard 100.

# The diverse ingredients of a perfect night's sleep



PURE SWISS WOOL



100% NATURAL TALALAY LATEX



SWISS ALPACA WOOL



## 100% NATURAL TALALAY LATEX

Highly elastic natural latex with an incredibly airy and irregular cell structure, produced according to the intricate Talalay method and made entirely from natural rubber from the Hevea brasiliensis tree. This offers excellent sleeping comfort thanks to its point elasticity. It also relieves strain and is extremely soft and cosy. It helps to regulate circulation, and is breathable, antistatic, hypoallergenic and antibacterial. Over 6,000 vertical ventilation points per m<sup>2</sup> guarantee perfect airflow through the mattress and prevent heat from building up. FSC and Rainforest Alliance certification, as well as Cradle to Cradle gold level certification. In addition, all rubber trees neutralise more than 90 million tonnes of CO<sub>2</sub> per year around the globe. Origin: Netherlands.



## 100% NATURAL HEVEA AIRPLUS LATEX

Open-pored natural latex with point elasticity, made from pure natural rubber from the Hevea brasiliensis tree. The new, refined latex formulation and novel energy-saving SonoCore production method guarantee a light and airy cell structure with optimum dissipation of heat, cold and moisture. Hevea AirPlus natural latex offers perfect strain relief and dynamic support. Origin: Belgium.



## POROTEX PRO

The latest generation of refined premium foam materials features a very open and breathable cell structure. Porotex Pro sets new standards for point elasticity, snugness and climate control. It offers consistent stability and support strength the whole night through, even if heat and humidity increase in the room. Top-notch climate resistance ensures permanent ergonomic support. Porotex Pro is hypoallergenic, antibacterial and CFC-free. Origin: Austria.



## FEELINGPUR

This viscoelastic foam is excellent at relieving strain. As a result, it is often found in hospitals, where it provides support to patients who have to remain in tricky positions. Feelingpur is incredibly soft and subtle, and is known for its delayed return to its original shape (memory effect). In the innovative air-vent perforation design, Feelingpur is given more than 1,500 vertical ventilation points per m<sup>2</sup>. This prevents heat from building up. Origin: Switzerland, Germany.



## POLYETHER FOAM

Polyether foam is a standard material that has been used for many years in budget-friendly mattresses. The honeycomb-like form and fine cell structure are the reasons behind its light weight. Its varying densities deliver support and comfort. Origin: Austria, Germany.



POCKET SPRINGS



TUSSAH SILK



POROTEX PRO

#### POCKET SPRINGS

Our interactive pocket spring core consists of thermally refined coil springs, with smooth load-bearing thanks to specially configured spring tension along the longitudinal axis of the mattress. Here, the large air volume inside the pocket springs acts like a bellows. Origin: Germany.

#### TUSSAH SILK

This fine and soft wild silk is obtained from the cocoons of butterflies native to China and India. Tussah silk is extremely gentle on the skin. It has a powerful temperature-balancing and insulating effect, ensuring comfort and well-being on both hot and cold nights. Its fibres can even take up as much as 30% of their own weight in moisture, meaning they can absorb skin moisture effectively. Origin: India, China.

#### ALPACA WOOL

Fluffy alpaca wool comes from alpaca camels, whose wool is highly regarded mainly for its very refined and curly structure. Alpaca wool has unique thermal properties. It has a strong temperature-balancing and insulating effect, for example. The fibres store heat in winter and emit heat in summer. The hollow fibres also absorb and dissipate humidity. Alpaca wool is anti-static, which means it does not become charged. It also has an antibacterial effect and neutralises odours. Origin: Switzerland.

#### VIRGIN SHEEP'S WOOL

Merino sheep are part of the group of fine-wool sheep. No other material displays as many exceptional properties as extremely fluffy virgin wool from Swiss sheep. Virgin wool keeps you warm in winter and cool in summer because 85% of the curly wool fibres consist of air that has an insulating effect and makes the wool highly breathable. On hot days, virgin wool supports humidity regulation, as it can absorb up to 35% of its own weight in moisture without feeling moist itself. Virgin wool neutralises odours and pollutants and has a soothing and anti-static effect. Origin: Switzerland.

#### ECO FIBREFILL

Eco fibrefill is vegan climate fibre made out of 100% recycled PES. This hollow fibre, which is slightly curled, transports humidity and has a climate-control effect. It is washable at up to 60°C and is therefore perfectly suitable for people with asthma and allergies. Origin: Germany.

# Your sleep solution

**We spend a third of our lives asleep.** This means that it's essential to find the perfect combination of mattress, system frame, duvet and pillow for your sleeping style. Our checklist and our product recommendations based on the Body Mass Index (BMI) will help you to choose your ideal bed.

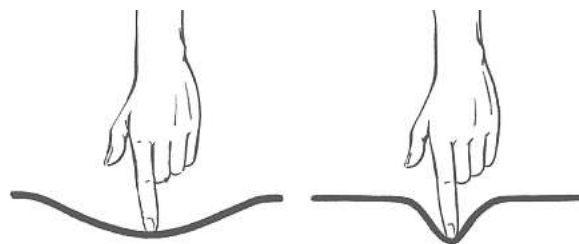
## PUT IT TO THE TEST

1. Allow plenty of time for purchasing your mattress, and seek advice from the experts.
2. Test the mattress by starting off in your normal sleeping position. Move around a bit, and try lying on your side, back and stomach.
3. When it comes to choosing a mattress and system frame, the particular features of your body shape are especially important factors. Make sure that the mattress supports your spine in its natural form. If you sleep on your side, the ideal position is a completely straight spine. If you're a back sleeper, you will want to make sure that the natural, slight S-shape of the spine is preserved.



**Correct.** The spine forms a straight line when you are lying on your side. The mattress and system frame adapt to your body.

4. Optimum strain relief is especially crucial. Pressure, for instance on your head, shoulders, pelvis or heels, is especially great when you are lying down. A good mattress yields at these pressure points, while continuing to provide even support for all other parts of the body. When you lie down, your body weight is distributed across the full extent of your height and width. Optimum pressure distribution is achieved when mattress materials with high point elasticity and a strong supportive effect are used to improve sleeping comfort.



**Incorrect.** Left: mattresses with low point elasticity form depressions and provide inadequate support for the body.

**Correct.** Right: mattresses with high point elasticity only yield at the points where pressure is exerted while you are lying down, softly moulding themselves to the body.

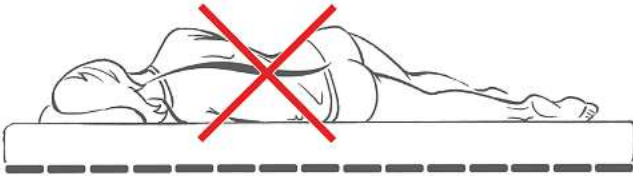
5. Do you sleep on your back? Place your hand beneath your back. If this is too easy to do, the mattress is too hard and is causing your spine to stretch unnaturally. The mattress is not moulding itself to you enough and is not distributing your weight over the entire surface of your body. Pressure points develop and the blood circulation in your skin and the underlying tissue is impaired, as are metabolic processes and cell renewal. If your hand won't fit underneath at all, the mattress is too soft. It does not provide sufficient support and your spine is being compressed.



**Correct.** When you are lying on your back, your spine is supported in its natural, slight S-shape. The mattress and the system frame ensure there are no pressure points on the body.



6. If you sleep on your side, your shoulders have to be able to sink into the mattress so that it can properly accommodate your pelvis. Your spine forms a straight line when you are lying on your side. If your spine sags down, you are not getting enough support and the mattress is too soft. If your shoulders cannot sink in, the mattress is too hard and pressure points will develop.

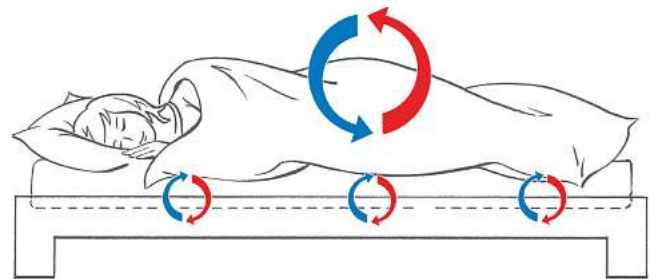


**Incorrect.** If the mattress and system frame are too hard, the spine is bent in an unnatural shape and pressure points develop.



**Incorrect.** If the mattress and system frame are too soft, the spine sags down and does not receive adequate support.

7. Do you run hot or cold at night? A crucial element of a comfortable sleeping environment is the climate-regulating properties of the mattress materials and cushioning, as well as the duvet. Even while you sleep, your body tries to keep its temperature at around 37°C. In addition, even if you don't sweat much, your body loses around ¼ to ¾ of a litre of moisture via the skin and the breath. Heat and moisture have to be drawn away through the duvet and the mattress so that you are not disturbed during the night by an excessively hot and damp environment. Make sure to choose open-pored, air-permeable mattress materials and natural cushioning elements that regulate the temperature and moisture levels.



**Correct.** Open-pored and breathable mattress materials, natural cushioning and a climate-regulating duvet ensure optimum air circulation and a dry and healthy sleeping environment.

8. Allergy sufferers should opt for removable mattress covers that can be washed or chemically cleaned. Our GrandeHygiène mattresses offer considerable benefits: rovia Silverskin<sup>Ag</sup> prevents the proliferation of dust mites and the allergens they produce. Its natural protection against mites and bacteria prevents fungi and unpleasant odours. This mattress version is washable at up to 30°C. The HypoAllergen model, with synthetic hollow-fibre cushioning, is also washable at up to 60°C and is recommended for allergy sufferers. For hygienic and ergonomic reasons, we recommend that allergy sufferers replace their mattress every 7 to 10 years.

**PLEASE MAKE A NOTE OF YOUR PERSONAL CHARACTERISTICS BEFORE CHOOSING A MATTRESS:**

- Your body weight, height and stature
- Your preferred sleeping position (on your side, front or stomach?)
- Your temperature level (do you get cold or hot while you are asleep?)
- Your health concerns, e.g. allergies and other conditions (are you an allergy sufferer? Do you have tension in your back?)

# We're here to help



**Specialist retailers:**

Your nearest roviva office would be happy to provide you with expert advice.



**Showroom:**

Visit our showroom in Wangen an der Aare.

Monday to Thursday:  
8 a.m. to 12 noon,  
1.30 p.m. to 4.30 p.m.

Friday:  
8 a.m. to 12 noon,  
1.30 p.m. to 4 p.m.

Saturday and Sunday:  
closed

Please contact us in advance.



**Our range:**

You will find further complementary products in our separate collection catalogue.



**aura/aurelia artisan bed  
and cosynights upholstered bed:**

Please request the separate catalogue for these items.



**Social media:**

Find us on Facebook, Twitter and YouTube and at [roviva.ch](http://roviva.ch).

# Use the Body Mass Index (BMI) to help you choose

Based on your BMI (height and weight), we recommend the following mattress types for you:

- soft
- medium
- firm
- x-firm

Model	Page	BMI 11 to 25														
		11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
dream-away impérial	26–27	medium											firm			x-firm
dream-away climaxx	28–29	medium												firm		x-firm
dream-away byblos	30–31	medium											firm			x-firm
dream-away evos	32–33	medium												firm		x-firm
dream-away air natura	34–35	medium											firm			x-firm
dream-away air space	36–37	medium											firm			x-firm
activa nature	60–61	medium									firm			x-firm		
activa spring	62–63	medium											firm		x-firm	
activa pure	64–65	medium											firm			x-firm

Model	Page	BMI 26 to 40													
		26	27	28	29	30	31	32	33	34	35	36	37	38	39
dream-away impérial	26–27	medium			firm			x-firm			not recommended				
dream-away climaxx	28–29	medium				firm			x-firm			not recommended			
dream-away byblos	30–31	medium			firm			x-firm			not recommended				
dream-away evos	32–33	medium				firm			x-firm			not recommended			
dream-away air natura	34–35	medium			firm			x-firm			not recommended				
dream-away air space	36–37	medium				firm			x-firm			not recommended			
activa nature	60–61	medium			firm			x-firm			not recommended				
activa spring	62–63	medium				firm			x-firm			not recommended			
activa pure	64–65	medium			firm			x-firm			not recommended				

Model	Page	BMI 41 to 55													
		41	42	43	44	45	46	47	48	49	50	51	52	53	54
dream-away climaxx	28–29	not recommended													
dream-away evos	32–33	not recommended				medium									
dream-away air space	36–37	not recommended													

\* For weights of more than 100 kg, we recommend the roviva dream-away contour system frame with specially reinforced springs (9007).

# Calculating your Body Mass Index

Look up your weight and height in the table below. The point where they intersect is your Body Mass Index (BMI). For each of the values (11 to 56), we have recommended particular products. This will help you to choose your perfect sleep system.

Height		1.50	1.55	1.60	1.65	1.70	1.75	1.80	1.85	1.90	1.95	2.00	2.05
Weight	45	20	19	18	17	16	15	14	13	12	12	11	11
	50	21	20	18	17	16	15	15	14	13	13	12	12
	55	24	23	21	20	19	18	17	16	15	14	14	13
	60	27	25	23	22	21	20	19	18	17	16	15	14
	65	29	27	25	24	22	21	20	19	18	17	16	15
	70	31	29	27	26	24	23	22	20	19	18	18	17
	75	33	31	29	28	26	24	23	22	21	20	19	18
	80	36	33	31	29	28	26	25	23	22	21	20	19
	85	38	35	33	31	29	28	26	25	24	22	21	20
	90	40	37	35	33	31	29	28	26	25	24	23	21
	95	42	40	37	35	33	31	29	28	26	25	24	23
	100	44	42	39	37	35	33	31	29	28	26	25	24
	105	47	44	41	39	36	34	32	31	29	28	26	25
	110	49	46	43	40	38	36	34	32	30	29	28	26
	115	51	48	45	42	40	38	35	34	32	30	29	27
	120	53	50	47	44	42	39	37	35	33	32	30	29
	125	56	52	49	46	43	41	39	37	35	33	31	30

BMI calculation formula:  $\frac{\text{Body weight in kg}}{(\text{Height in m})^2}$

Underweight: <18.5

Normal weight: 18.5-24.9

Overweight: 25.0-29.9

Only available for sale from the specialist retailer:



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Mattress and bed manufacturers  
Schulhausstrasse 6  
CH-3380 Wangen a/Aare, Switzerland  
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